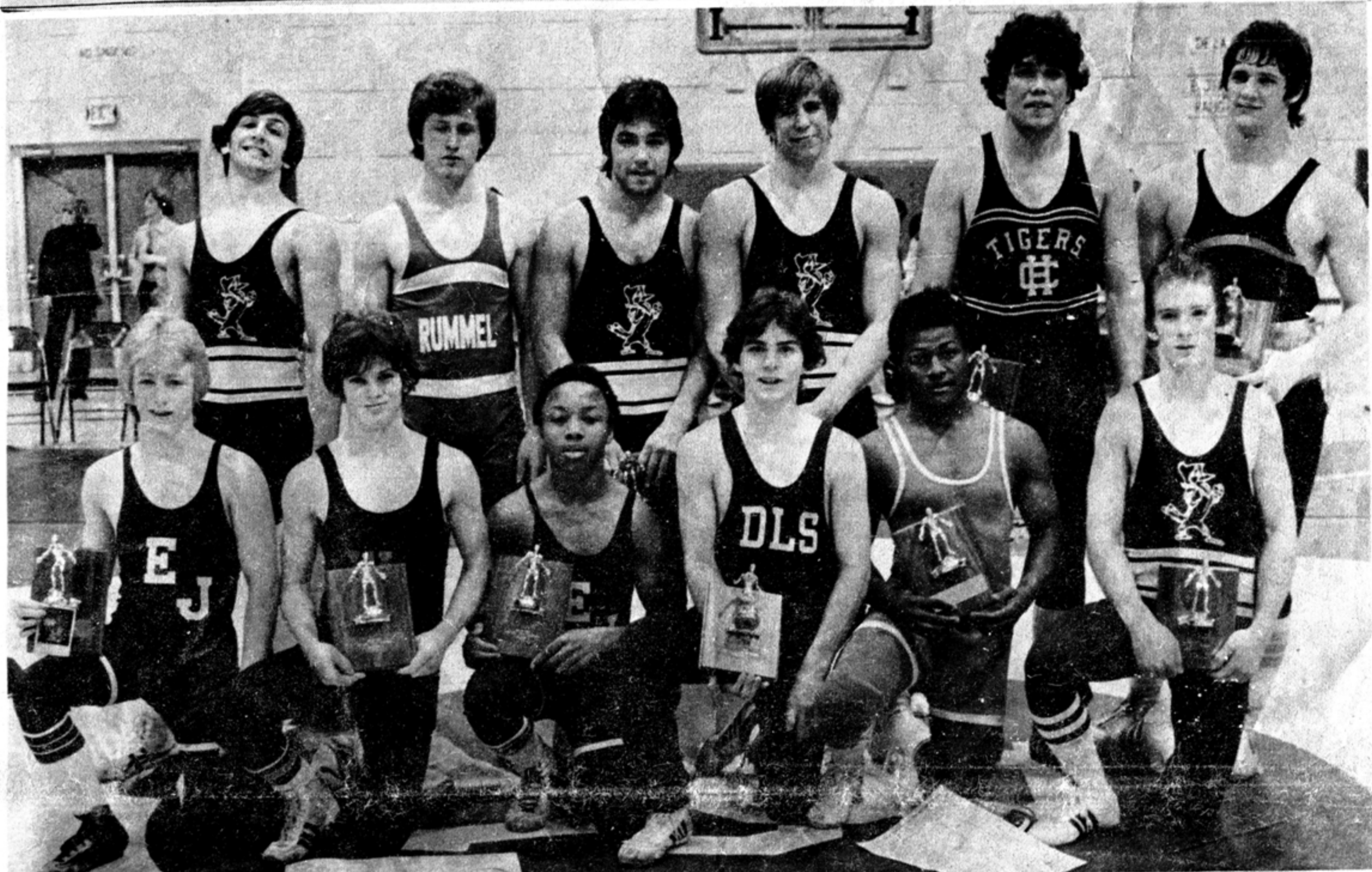


Louisiana Wrestling Roundup

VOLUME 1 NUMBER 3

Dedicated to state wrestlers, coaches, and officials

MARCH 15, 1977



Division I state champs

Division I State Champions, pictured after capturing their titles Feb. 12 at the state meet in Baker, are front row, left to right: 98 Craig Seals (EJ); 105 John Hart (WJ); 112 Keith Varmall (EJ); 119 John Caballero (DLS); 126 Mitch Jackson (Baker); 132

Robert Schutte (Jes.). Back row: 138 Fred Kitziger (Jes); 145 Barry Bordonaro (Rummel); 155 David Gaffney (Jes); 167 Greg Roberts (Jes); 185 Roy DeRoche (HC); and Hwt. Jeff Tanguis (CHS).

Jesuit repeats as mat champ

The 1977 Division I Louisiana State Wrestling Tournament, composed of 222 wrestlers from 20 teams, was supposed to be close this year, but apparently the news hadn't hit coach Sam Harnsongkram and his Jesuit Blue Jays of New Orleans.

The Jays walked away with four individual championships (three repeats) and the all-important team title for the second year in a row and their fifth in the past six years. Jesuit placed nine of their wrestlers in the tournament.

"Coach Sam," who by virtue of his record seems to be the top coach in the state, was well-pleased with the tournament which he described as "very well run." He credits "a good group of strong, hardworking boys" with the success of this year's team. But, he also mentioned that the wrestlers go to Mass before each match, and when asked if he felt someone "up there" liked the team he smiled and replied, "probably."

Baker High School, which placed second in the Baton Rouge City Meet a week earlier, finished second in the state with 148 pounds on the strength of Mitch Jackson, 31-0, one of only three undefeated wrestlers in

Louisiana.

Brother Martin, which had three wrestlers in the finals, was behind Baker with 142 points. Junior Keith Varmall of East Jefferson who captured the 112 division after a victory over last year's state champion Phil Prescott, copped outstanding wrestler honors on a vote by the coaches.

The following team scores are listed with the number of state champions in parentheses:

Team points: Jesuit, 210 (4); Baker, 148 (1); Brother Martin, 142; DeLaSalle, 130.5 (1); Lee High, 122; East Jefferson, 114.5 (1); West Jefferson, 113 (1); Catholic 96.5 (1); Rummel, 93.5 (1); Redemptorist, 80.5; Bon-nabel, 80; Holy Cross, 71 (1); Parkway, 48.5; Wossmann, 48; Broadmoor, 37.5; Tara, 12; Haughton 8; Belaire, 4.5; Lafayette and O. P. Walker, 0.

Individual scores were as follows:

-- 98--Craig Seals a junior from East Jefferson took Mitch Mitchell of Brother Martin down in 50 seconds of the first period to begin the scoring. Mitchell was on top to start the second period and with 23 seconds left in the period Seals reversed with a switch, to go ahead 4-0. But

Michelli gained control just 10 seconds later to tighten the score 4-2 at the end of the second round. In the third period, sophomore Michelli turned-in and reversed with 1:18 remaining to even the score and tried two or three stacks unsuccessfully to put the Warrior on his back for near-fall points. With 19 seconds remaining Seals reversed and

rode out the period with a cross-body ride and the 98 pound state championship. Seals finished the season 36-2 with both losses coming at the hands of Michelli.

-- 105--Junior John Hart of West Jefferson, the fourth seed at 105 pounds, took down Troy Cross of Brother Martin and gained a near fall for a four point advantage with 1:08 remaining in the initial period. In the second

period Hart took only 22 seconds to reverse and catch Cross in a stack and pin the Crusader with 2:22 to capture the state crown. Hart only had one point scored on him during the tournament.

-- 112--Keith Varmall, a junior from East Jefferson, who earlier in the semi-finals defeated defending state champion Phil Prescott, 10-4 won the 112 pound state title by a tough 7-6 margin over sophomore Tom Messonnier. Messonnier started the scoring in the first 22 seconds with a beautiful double leg drop and rode out the remainder of the round. Midway through the second period Messonnier reversed and Varmall escaped with 30 seconds left and took down Messonnier with 13 seconds to go. But Messonnier, with two seconds left, got another reversal and a 6-3 lead. Varmall tightened the score midway during the final period and with 11 seconds left got the go ahead near fall points to win 7-6.

-- 119--John Caballero a senior from DeLaSalle won his second state title by defeating Kenny Duplessis of Baker. Caballero used an escape with 22 seconds gone in the third period plus a one point technical violation for stalling to win 2-1 over Duplessis.

Both wrestlers couldn't score any points in the initial two periods.

-- 126--Hometown favorite Mitch Jackson of Baker kept his record unblemished 31-0 since last year's state finals with an overtime decision over tough, scrappy Mike Germanis of DeLaSalle. Germanis, wrestling at 132 all year, dropped to 126 for tournament time. Jackson opened the scoring with a takedown and was on top to start the second period but seemed to have trouble keeping Germanis from standing up. Jackson was warned for stalling earlier in the period, and with 19 seconds to go Germanis got a reversal but then 12 seconds later Jackson escaped. In the third period Germanis was awarded one point when Jackson stalled and the match then went into overtime. Jackson took the overtime match, 5-2 with a takedown in the first period, a near-fall in the second, and a third period escape, while Germanis could only score a second period reversal.

-- 132--Senior Robert Schutte of Jesuit won his second state wrestling title by defeating Catholic's Doug Comeaux, 5-2. Schutte secured a high crotch (Continued on Page 4)

For action pictures, see pages 8-9

In Division II state meet

Tarpons capture title

The Division II State Wrestling Championship held at Baker High School had 143 wrestlers from 15 different schools competing.

Coach Clarence Vidrine's South Cameron Tarpons repeated as the Division II state champions with 217 points, but they were hard-pressed by the second year team from Natchitoches-Central with 204.5 points.

South Cameron had six wrestlers in the finals and took four championship titles, with James Boudreaux and Mark Theriot repeating as state winners.

Coach Vidrine said "This team has worked harder than any other team I've ever had. I'm very proud of them because it's the first undefeated year for us and the first time we ever won a state championship outright in

front of the crowd!" (Last year the Tarpons won on a disqualification technicality.)

Natchitoches-- Central second

Coach Jerry Brungart improved on Natchitoches-Central's sixth place finish of a year ago by winning three individual titles and placing second.

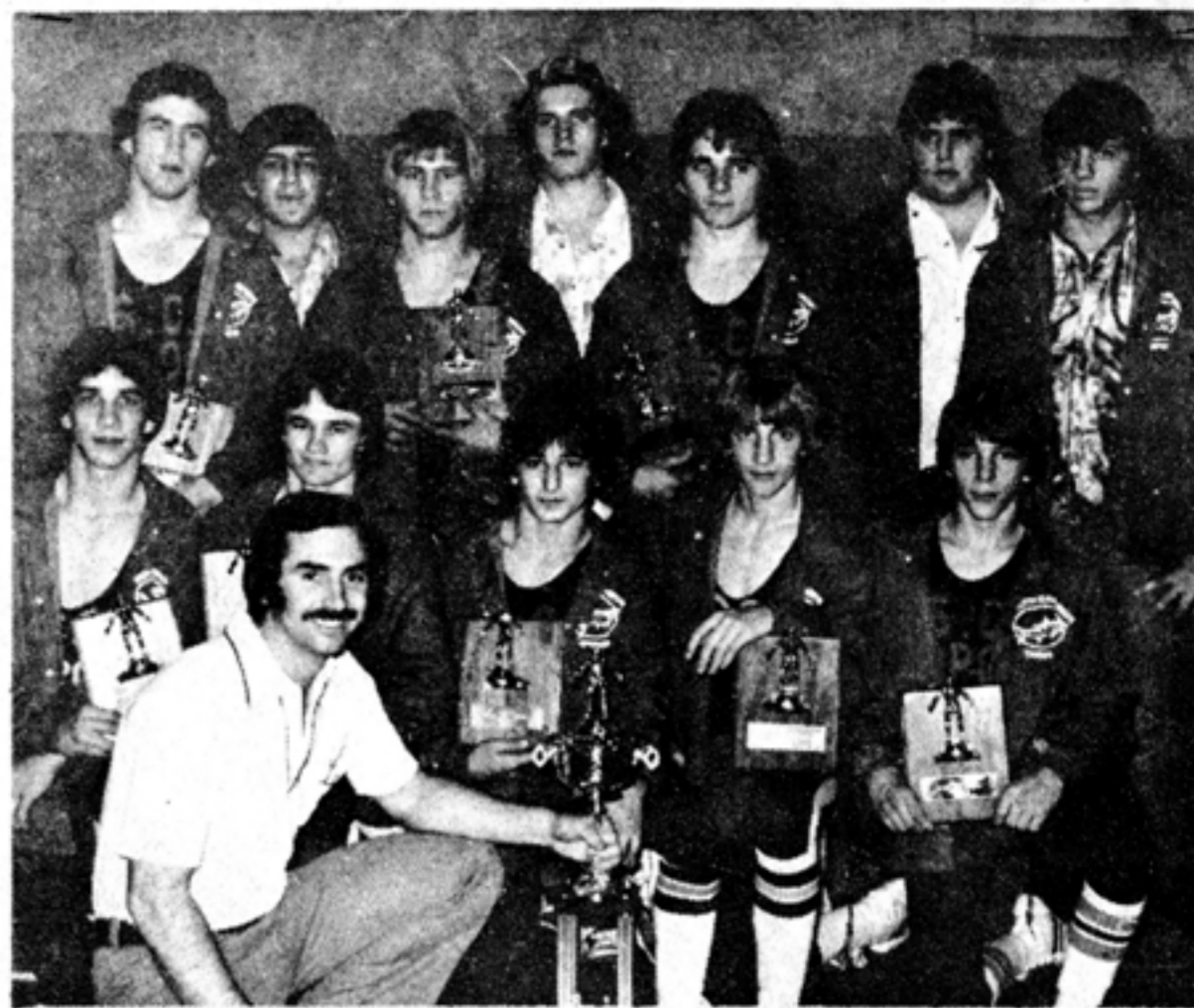
Jeanerette was third with 173 points.

Ernie Lollis, the new 185 pound state champion from Capitol High School, defeated defending state champ Virgil Lucas of Natchitoches-Central 10-7 and was voted outstanding wrestler by the coaches.

The following team scores are listed with the number of state champions in parentheses: South Cameron 217 (4); Natchitoches-Central 204.5 (3); Jeanerette 173;

Baton Rouge-Magnet 122 (1); Northside 110 (2); Capitol 90 (1); Buras 81; Acadiana 78; Basile 63; St. Martin's Episcoal 53 (1); Neville 34; Hackberry 27.5; Johnson Bayou 7; Bogalusa and Destrehan 0.

Individual results were:
 -- 98 W. Theriot (SC) dec. J. Davis (Natch.) 5-2.
 -- 105 S. Taylor (Natch.) dec. C. Hannaman (B.R.) 4-3.
 -- 112 J. Boudreaux (SC) pinned L. Joseph (Jean.) 3:43.
 -- 119 M. Broussard (Nside) pinned L. Miller (SC) 3:21.
 -- 126 M. Mayard (SC) dec. T. Brown (Jean.) 12-1.
 -- 132 R. Hayes (Natch.) dec. T. Lopez (Basile) 12-6.
 -- 138 T. Brannan (St. Mart.) dec. J. Jenkins (Jean.) 8-1.
 -- 145 M. Theriot (SC) dec. J. Gilbert (Jean.) 6-4.
 -- 155 D. Jenkins (Natch.) pinned J. McCall (SC) 3:14.
 -- 167 J. Holder (BRMS) dec. M. Channette (Jean.) 6-2.
 -- 185 E. Lollis (Cap.) dec. V. Lucas (Natch.) 10-7.
 -- Hwt. D. Thomas (Nside) dec. D. Dumars (Natch.) 15-10.



South Cameron Tarpons

Coach Clarence of South Cameron is pictured with his Tarpon team that captured first place in the Division II State Championship Meet. The talented Tarpons had six wrestlers in the finals and took four individual championship titles. Coach Vidrine said it was the hardest-working team he has ever had. Natchitoches-Central garnered second-place honors in the meet.

In very close bout with seconds to go do not permit a reversal to take place. If necessary release opponent for a one point move.

Do not depend on the referee to win the bout for you.

When securely ahead do not take unnecessary risks by using certain arm-drags or lateral drops.

Do not go in for knee-drops with head down and back bent.

Baker to host qualifying meet

Baker High School will be the site for the 1977 National Qualifying Tournament to be held April 16. All wrestlers who were enrolled in grades 9-12 during the 1976-77 school year, including graduating seniors are eligible.

All wrestlers who intend to compete must have declared in writing their intent to enter and their weight class and mail this information to Coach Phil Bode, c-o Baker Senior High School, by midnight Monday, April 11.

The weight classes in the tournament are as follows: 98, 105.5, 114.5, 123, 132, 143, 154, 165, 178, 191.5, and Hwt. There is a \$2 entry fee per wrestler which will go toward medals, and the National tournament travel fund.

The 1977 National Freestyle rules will be followed, six minute

bouts, 30 seconds rest between periods. Round robin, double elimination, black mark system will be used.

The weigh-in will take place at the high school where the wrestler is enrolled and should be certified by the high school wrestling coach or principal between the hours of 3 p.m. and 4 p.m. on Friday, April 15. Weights

In World Cup action

Gable to coach squad

Dan Gable, University of Iowa coach who was an assistant for the 1976 United States Olympic wrestling team, will coach the United States squad in the 1977 World Cup of Amateur Freestyle Wrestling.

The event will be held March

26-27 in the University of Toldeo's new Centennial Hall, and Russia has already entered. Japan has been invited and a fourth team has not been selected.

Gable, 28, won a 1972 Olympic gold medal wrestling at 149.5 pounds at Munich. He was in Iowa assistant for four years before becoming the head coach in 1976.

During his high school and college career, Gable lost only one of 182 bouts. The Iowa State University star's only setback came in the national collegiate finals as a senior.

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Can you believe that pin?

By Kevin Ryan

A Flat Rock flipper might have flatly set the prep pin record.

Would you believe five seconds?

And his opponent now knows what it means to be between a rock (flat or otherwise) and a hard place.

Flat Rock, Mich. was the site and Flat Rock senior wrestler

Davie Steffon was the principle grappler involved. The 223-pound heavyweight recorded a pin in just five seconds over junior Bob Wojack of Grosse Il., on the night of Thursday, Jan. 13.

The quick win was a school wrestling record and could easily be the quickest pin ever recorded by a prep wrestler. At the time of the pin, Steffon had a wrestling

record of 8-0. All of his triumphs had come on pins, and seven of the eight pins had been registered in the first period.

"We've never heard of it being done any faster anywhere," a school official of Flat Rock was quoted as saying. "If anybody knows of a prep wrestler doing it any faster, we'd like to hear from them."

How was the pin recorded in five seconds?

An Associated Press story says the time in the match was recorded on an electric basketball clock operated by an adult. The match was supervised by a veteran referee, school officials said.

When you consider the normal three-second count before a pin is indicated, that leaves two seconds for coming to grips with one's opponent and scoring the takedown. That's swift grappling.

Steffon was a tackle on the Flat Rock Class C state championship football team last fall.

Last season as a junior, Steffon compiled a 33-2 record and finished third in the state tournament.

We're a little skeptical of that three-second pin allegedly recorded in the '68-'69 season out in California when Joe Amarol of University High School in San Diego pinned Bill Holiday of Clairmont, Cal.

Closer to Baton Rouge, Ernie Lollis of Capitol High School put a 15-second pin on Tommy Mayer of Catholic High. That sounds more believable.

The five-second pin we'll buy; the three-second job—well, we'll have to turn on the liberal button of our conscience and try to turn off the gullibility knob.

And then, there are some pins that never are registered or reported. Like the one little Eric Bofinger thought he had the other day. It happened at a junior high-junior varsity wrestling tournament at Lee, conducted by Eric's father, Bill. Eric was involved in a match with his opponent and thought he had pinned the other fellow. In fact, the seven-year-old, 55-pounder thought he had duplicated the trick more than just once during the match.

"I thought I pinned him about six times," Eric told his mother after the match. "But the referee never went like that," said Eric, making the gesture the ref makes when he signifies a pin.

That kind of thing can keep you on pins(s) and needles...

Amateur Wrestling News To publish honor roll

The Amateur Wrestling News, a publication devoted to all phases of amateur wrestling, will publish a National Interscholastic Honor Roll in its May 15 issue.

This will be a joint project of Amateur Wrestling News and the National Wrestling Coaches Association that honors the top fifty senior wrestlers, based on their varsity competition beginning with the tenth grade.

Records must include dual meets and tournaments wrestled under interscholastic rules and must cover at least two full seasons of varsity competition.

The nomination information required is very simple:

(1) Name and wrestling weight of the nominee, who must be a graduating senior in high school or an interscholastic prep school.

(2) Name of the school represented and its location.

(3) Name of the wrestling coach.

(4) The won-lost-tied record for EACH YEAR of varsity competition in dual meets and tournaments in which the wrestler represented the school.

(5) The record must be certified by the coach and endorsed by a school official (athletic director, principal, etc.)

In computing adjusted averages, the sophomore W-L-T record is counted one for one, the junior year counts 2 for 1 and the senior year is 3 for 1. Freshman competition is not included.

The competition is tough. For example, the 50th place had an ACA of .9523 while the 25th honorable mention had an average of .9333.

But your outstanding wrestler may qualify for the elite group.

For the benefit of your wrestlers, send your nominations NOW to: Wrestling Honor Roll,

Amateur Wrestling News, P. O. Box 60387, Oklahoma City, Ok. 73106.



Jeff Tanguis of Catholic High stands No. 1 after being selected Outstanding Wrestler in the Lee Invitational. The talented heavyweight later captured the State Crown.



A quick pin

Fritz Koger of Catholic High School gets a double arm bar on Holy Cross grappler Jim Pittman in their dual meet held at Catholic. Koger went on to record a fall in 1:10 while the Bears bested the Tigers of Holy Cross.

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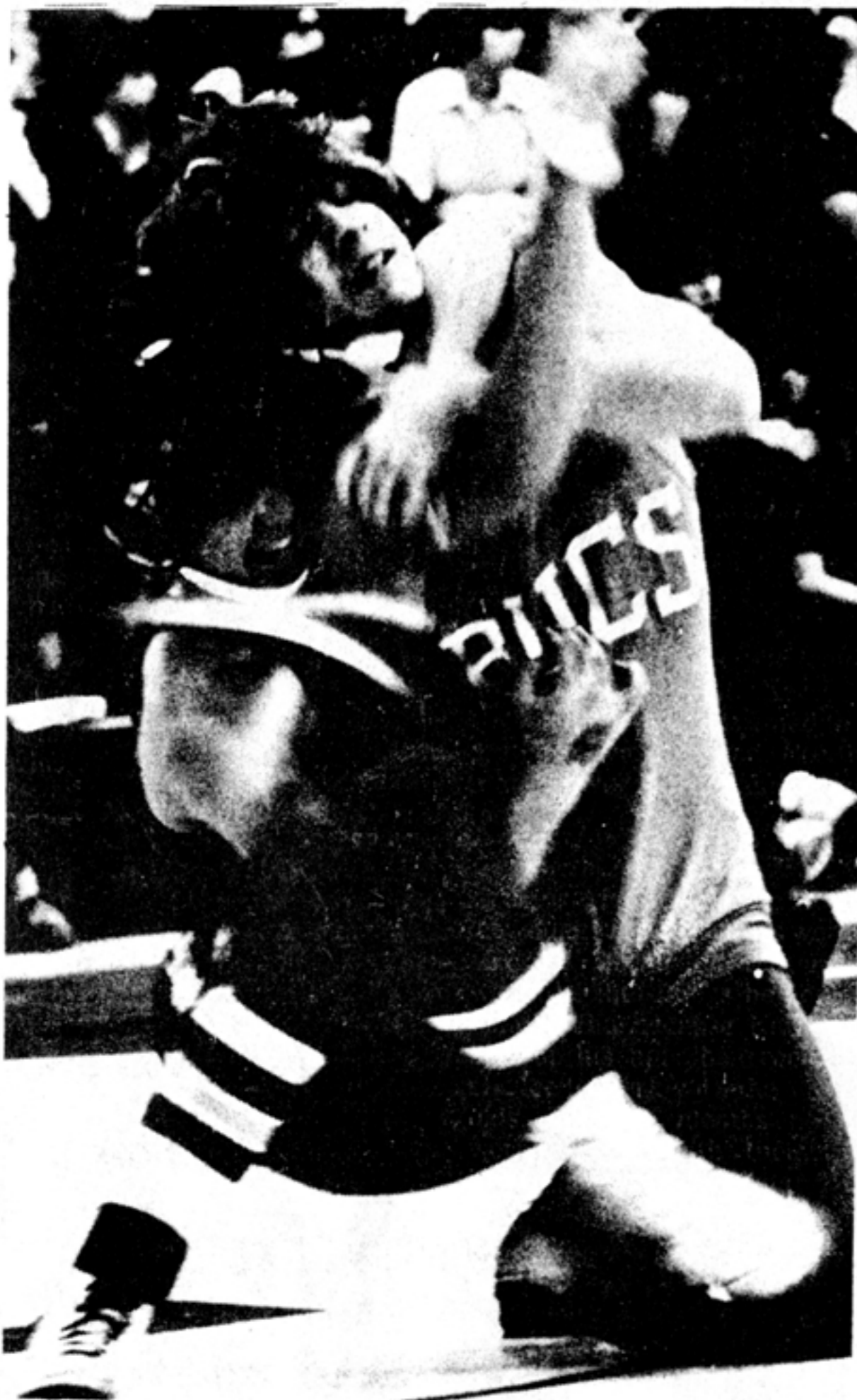
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Holy Cross cradle

Louis Saltaformaggio of Holy Cross goes for a cradle against Broadmoor's Jake Ragusa in their 112 pound bout in the Lee High Invitational held Jan. 22. Saltaformaggio was the winner 15-10.

BRAWN Club on the move

By PHIL BODE
Coach at
Baker High School

Following a great year of summer wrestling in 1976, the Brawn Club of Baton Rouge again plans to help qualify the Louisiana delegation to the United States Wrestling Federation Championships at Iowa City, Iowa. This year, the National Junior Championships in Both Greco-Roman and Freestyle will be held July 27-30. In addition, the National Open Greco Roman Championships will also be held at Iowa City on these dates.

With this in mind, the Brawn Club would like to announce the following schedule of tournaments and events leading up to the summer USWF Nationals.

First, there will be a qualifying tournament held on April 16, at Baker High School. Competition will be held in both Greco-Roman and Freestyle with a clinic on Greco-Roman and Freestyle moves preceding the tournament. It is hoped that AAU wrestlers who participate in the Jesuit Freestyle tournament for the Junior Olympics will also take part in this qualifying tournament.

Second, a weekly workout site will be selected in the areas where freestyle wrestlers are concentrated. At this time, it is not known whether the Baton Rouge Brawn Club will continue at its Redemptorist location, or move to another site.

Thirdly, each group of Freestyle wrestler is encouraged to start their own division of a wrestling club. This would provide the possibility of freestyle wrestling meets during the month of May and June, thereby increasing the amount of experience Louisiana wrestlers might have within the state. Anyone interested should contact Coach Phil Bode in Baton Rouge to discuss the structure of a summer freestyle club.

Prior to July 20, it will be

necessary to have several days of wrestling training for those who intend to make the trip. This will include final training on moves and skills, tryouts for those who have ability to wrestle but could

not make the qualifying tournament, and final trip details.

Since the national Open Greco-Roman championships are also being held in Iowa City this year, (Continued on Page 6)

Jesuit repeats

(Continued from Page 1)

takedown in the first 30 seconds to go ahead 2-0 in the first period. Choosing down position to start the second period, Schutte escaped within five seconds and with great quickness "able dragged" for another takedown and a 5-0 advantage. Comeaux escaped at the end of the second period and was awarded one point for Schutte stalling to round out the scoring. Schutte ended his senior year 32-2, but was never actually beaten on the mat as his two losses were a forfeit (after an injury) and a disqualification due to a body slam.

-- 138--Fred Kitziger of Jesuit handed Jim Ravannack of East Jefferson his second loss of the season in the state finals 4-3. Kitziger got a late third period three point near fall to go ahead of the tough Ravannack in the close and exciting match.

-- 145--Barry Bordonaro, a senior wrestling for Coach Dennis Murphy of Rummel High School won the 145 state title by defeating junior Bart Gutierrez of Lee, 10-4. Gutierrez opened the scoring with a takedown, but Bordonaro reversed and scored a three point near fall to lead 5-2 at the end of the first period. In the second period Gutierrez reversed but couldn't hold on and Bordonaro escaped to end the period. Bordonaro, who had defeated Gutierrez on two other occasions, scored a reversal and a two point near fall to end the match. Bordonaro finished the year 22-0.

-- 155--David Gaffney, another of "Sam's Boys" lived up to his top seeding at 155 lbs. and defended his state championship title 14-7 over tough Ken

O'Banion of Redemptorist. Ahead the first period 2-0 on a Japaneze whizzer that failed by O'Banion, Gaffney almost put him away with a chicken wing-and a-half. Gaffney, who had three falls to get to the finals, went on to win his second title by picking up eight of his 14 points on takedowns to sustain his unblemished record at 34 wins.

-- 167--Greg Roberts of Jesuit whose record is 36-1 was a loser to Kerry Kennedy of West Jefferson a week before the state meet, got revenge and also his second state championship with a 4-1 overtime win over top-seeded Kennedy. In regulation time with the score 5-4, Roberts was awarded one point when Kennedy stalled. Roberts opened the scoring in overtime with a good hard double leg and came back in the second period with a reversal by ducking out under Kennedy for two points. Kennedy, who is very good on his feet, just had too little, too late. He escaped with 18 seconds remaining, but couldn't secure a takedown.

-- 185-- Roy DeRoche of Holy Cross won the first state title for the Tigers in two years with his near side cradle that nailed Bobby Dale of Rummel in 5:13. Dale gained his spot in the finals by his first period pin of second seeded Jim Campbell of Lee in the semi-finals. DeRoche was ahead 4-0 on a takedown and second period a reversal before the fall came. DeRoche was 28-1 his senior season with 26 falls, and his three year career total of 78 78 wins with 60 falls won't be soon forgotten by Tiger Coach Ed Kavanaugh. DeRoche was the only wrestler in the state tournament to pin all of his opponents.

-- Hwt.--Jeff Tanguis, the all-state defensive tackle from Catholic High, waited until the last 12 seconds of his match to get his go ahead takedown and a 5-4 decision over top seeded Tom Tully (LSU bound-football) of Broadmoor. Tully escaped early in the second period to go ahead 1-0 and while both were given points for stalling, the third period saw Tanguis escape and even the score 2-all. Points were again awarded to both wrestlers for stalling. With time running out, Tully escaped but Tanguis had already won his second state championship. This was his 70th win in his three year career against only 12 defeats for the Golden Grizzlies of Coach Barrett Murphy.

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Kids wrestling

Ben Bennett who writes the "Kids Corner" column in the Federation Wrestler newspaper sponsored by U.S.W.F. brings out some interesting points in the kids wrestling programs.

He said that many times he is asked if kids wrestling, "will burn the kids out," and he replies with "not if we have responsible leadership. It is our responsibility as leaders, coaches and parents to maintain a low profile on winning and a high stress on competition for fun."

He goes on to say that we are suffering nationally from the "Lombardi Syndrome." Winning is very important to professional teams and to large college programs, but from high school down, the emphasis should become less on winning and more on the fun of playing the game. Youngsters 14 and under are not emotionally equipped to handle the big-time pressure of winning at all costs.

Here are some points to think about that were brought out last July in Iowa City, from experts:

Dr. R. T. Soper, University of Iowa - "Weight loss should never be a part of kids wrestling."

E. Jefferson snares title

East Jefferson High School, coached by former LSU grappler George Trygg, won four weight classes to capture the Jefferson Parish Wrestling Tournament held Jan. 8 at Rummel High School.

Five teams participated in the tournament, and Barry Bordonaro of Rummel was selected the meet's outstanding wrestler.

Team scoring: East Jefferson 157; Rummel 136; Bonnabel 132; West Jefferson 108.5; and St. Martin 35.

Top three place winners were: 98 C. Seals (EJ), B. LeBlanc (Rum), L. Urquhart (Bonn.); 105 S. Shields (Bonn.), M. Morel (EJ), A. Staub (Rum.); 112 J. Hart (WJ), K. Varmall (EJ), E. Windstein (Rum.); 119 A. Scallon (Bonn), K. Herman (EJ), T. Simoneaux (St. Mar.); 126 H. Andressen (Rum), R. Townsend (WJ), B. Davidson (EJ); 132 D. Albrecht (EJ), E. P. Miller (Rum), J. Fogarty (Bonn); 138 Jim Ravannack (EJ), G. Boudreaux (Bonn), L. Theriot (WJ); 145 B. Bordonaro (Rum), J. Cozic (EJ), E. Brown (Bonn); 155 J. Sunserie (Bonn), J. Sorrels (WJ), G. Adams (EJ); 167 T. Majors (EJ), R. Bondoin (Bonn), M. Dale (Rum); 185 K. Kennedy (WJ), B. Dale (Rum), T. Alas (Bonn); Hwt. T. Falcon (WJ), C. McKinzie (St. Mar.), Chris Prieur (Rum).

Dr. William P. Morgan, University of Wisconsin - "Crying is a natural emotion," - "Do not let young kids compete against the older kids."

And Dr. Donald Cooper, Oklahoma State University - "A coach should be liberal with praise."

The state kids director is the primary source of information on tournaments, clinics, memberships, and other activities.

In Louisiana, drop a line or call: Phil Bode, 4380 Mohican Prescott No. 36; Baton Rouge, La. 70806; phone: 356-1024. or Barrett Murphy, 3311 Myrtle Ave., Baton Rouge, La.; phone: 383-6932.

Dates for the 8th U. S. Kids national regional tournaments are beginning to take shape. Qualifying requirements and detailed information on the tournaments may be obtained from the regional directors.

Each of the eight regional tournaments across the country will be conducted in three age groups, 14-under, 12-under, and 10-under, with ages determined as of Jan. 1, 1977. Weight classes are unchanged from 1976, starting at 70 pounds in the 14-under groups, 60 pounds in the 12-under and 40 pounds in the 10-under.

Region III includes the states of Alabama, Florida, Georgia, Mississippi, North Carolina, South Carolina, Tennessee, and Louisiana.

The tournament will be held June 4 or June 11 at the University of Florida in Gainesville, Fla. Regional Director is Duane Schriver, 4530 Freewill Rd. N. W. Cleveland, Tenn. 37311.

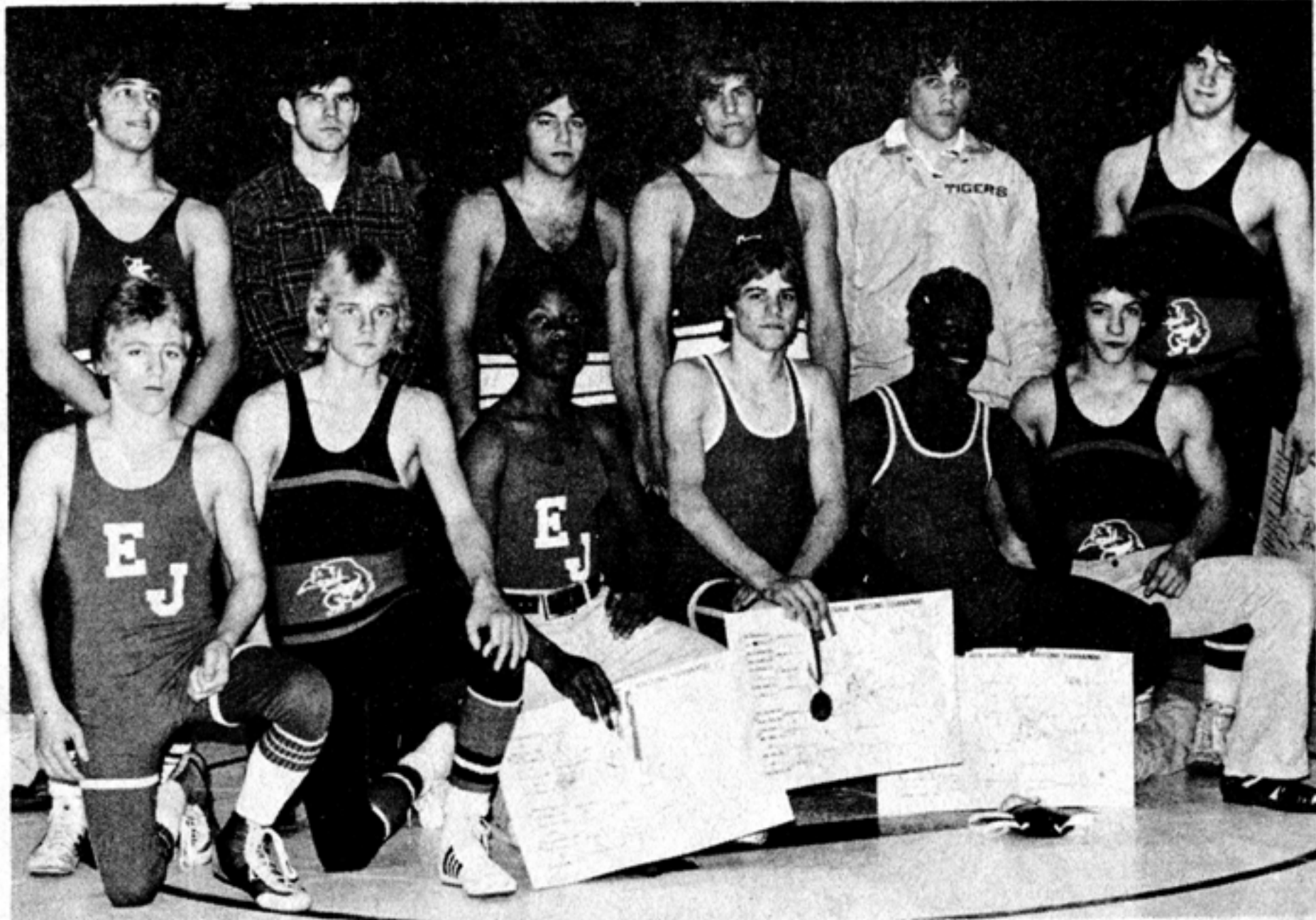
Remember the U. S. Kids Wrestling motto "Wrestling for fun and fundamentals."

Division II state champion, Stanley Taylor, a two year wrestler from Natchitoches Central, coached by Jerry Brungart, had this to say about his ability to become a state champ: "Confidence, skill, and lots of practice made me a state champion!"

"I became a state champion because of Coach Sam," said Robert Schutte, 132 Div. I state champion from Jesuit. "The alumni is important too, it's like a tradition..."

Do not reach across under opponent's arm for his farm arm without grabbing his ankle or near leg.

Do not permit a sitout man or a good roller to grab your wrist which is around his waist. Remove it.



Winners of the Lee Invitational Wrestling Tournament held Jan. 22 were: Front row 98 Craig Seals (EJ); 105 Fritz Koger (CHS); 112 Keith Varmall (EJ); 119 Kenny Duplessis (Baker); 126 Mitch Jackson (Baker); 132 Doug Comeaux

(CHS). Back row: 138 Fred Kitziger (Jes); 145 Jeff Geary (DLS); 155 David Gaffney (Jes); 167 Greg Roberts (Jes); 185 Roy DeRoche (HC); and Hwt. Jeff Tanguis (CHS). Tanguis was selected outstanding wrestler.

Jr. High-JV Tournney held

The Sixth Annual Junior High-Junior Varsity Wrestling Tournament held on Feb. 19 at Lee High in Baton Rouge drew 274 wrestlers from 34 schools.

Bonnabel and Brother Martin High Schools each crowned three winners, while Lee, East Jefferson, and West Jefferson had two winners apiece. Haynes Middle School, Jesuit and Rummel had one champion each.

No team scores were kept in the Capital City Kiwanis sponsored tournament, but the following are individual results:

--75 Thomas Albrecht (Hayn) dec. John Urquhart (Frchild) 7-0

--85 Eric Seals (EJ) dec. Ronnie Dimitri (J) 6-1

--95 Lionel Urquhart (Bon) dec. Marvin Woodard (Hayn) 15-7

--102 Mitch Michellie (BR) dec. J. P. Morgan (CHS) 17-0

--109 Greg Town (Lee) dec. Mark Margavio (Rum) 11-0

--116 Tom Messonnier (BM) dec. John Nette (Bon) 8-2

(Continued on Page 12)

These products are the wrestlers choice

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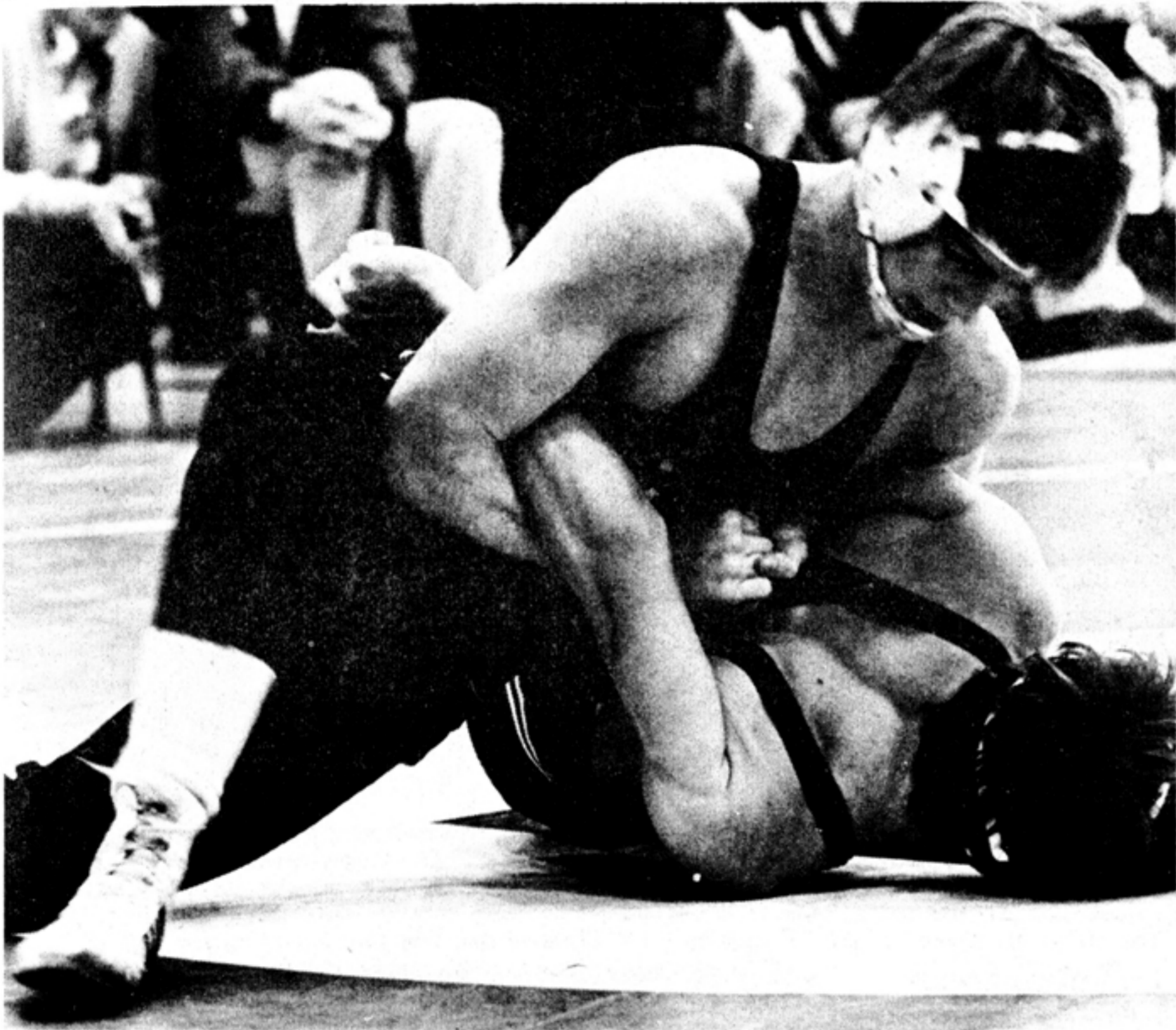


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DeLaSalle's 138 pounder Dickie Keiffer applies a double bar arm to Lee's Eric Hamilton in the quarter-finals of the Lee Invitational Jan. 22. Keiffer went on to win the match 19-6 and finished 3rd in the tournament. Some 150 wrestlers from 13

teams participated in the event, and tournament director, Bill Bofinger said, "I believe this has become one of the best tourneys in the state because it brings together top area and out-of-state competition."

Tarpons takeover

Western Regional

Lafayette High School hosted the First Annual Western Regional Wrestling Tournament on Feb. 4-5 at the Lafayette gym. The South Cameron Tarpons of Creole finished just 5.5 points ahead of Ross Davis' Wossman Wildcats of Monroe with a final tally of 153-147.5 respectively.

Danny Shay of South Cameron was voted the outstanding wrestler of the tournament as he pinned his way to the 138 lb. championship. Northside's heavyweight Dale Thomas had the most pins in the least amount of time with 0:21, 3:44, and 1:04 to total 5:09.

- Results:
- 98--David Gomez (Laf.) dec. Ward Theriot (S.C.) 5-4
 - 105 -- Lawrence Brandin (Woss) dec. Shannon Theriot (SC) 2-1
 - 112 -- Allan Osbon (Woss) dec. James Boudreaux (SC) 7-4
 - 119 -- John Sims (Woss) pinned Melvin Broussard (Nside) 5:34
 - 126 -- Sam Bailey (Woss) dec. Myron Mayard (SC) 11-6
 - 132 -- Terry Lopes (Basile) pinned Richard Wallace (Hackberry) 2:58
 - 138 -- Danny Shay (SC) pinned Tom Shambro (Woss) 1:22

- 145 -- Mark Theriot (SC) dec. Eddie Underwood (Woss) 4 - 2
- 155 -- Mike Arnold (Northside) dec. Jeff McCall (SC) 7-6
- 167 -- Michael Channette (Jean) pinned Dave Cavalier (Acadian) 1:59
- 185 -- Alfred Jones (Jean) pinned Harold Robinson (Woss) 1:07

Hwt. -- Dale Thomas (Northside) pinned David Lapeyrouse (Jean) 1:04

Team scoring and champions in parentheses:

- South Cameron -- 153, (2)
- Wossman -- 147.5 (4)
- Northside -- 113.5 (2); Jeanerette -- 112.5 (2); Lafayette -- 60 (1); Acadiana -- 59; Haughton -- 43.5; Basile -- 39 (1); and Hackberry -- 28.

Brawn

(Continued from Page 4)

it is hoped that Louisiana can send a delegation to this tournament as well. The open division includes or could include wrestler who have graduated from high school and would like to get back into competition, as well as helping to sponsor the trip.

Finally, there will be the selection of coaches to make the trip. Any coach interested in making the Iowa City trip should also contact coach Bode to receive details of last year's trip.

While the individual cost of the 1976 trip was only \$30 per person, it is not known exactly how much the 1977 trip will cost. The maximum cost would probably be around \$80 and the least would be about \$30.

For information on the 1976 trip, see the first issue of Louisiana Wrestling Roundup, 1976.

Big projects which need to be started immediately are:

1. Begin training for the Louisiana USWF trials on April 16, 1977. (Greco-Roman and Freestyle).
2. Form a wrestling club with alumni, fellow wrestlers, and interested adults.
3. Plan a weekly workout at a nearby site.
4. Register your club with Coach Bode at Baker High School, and find out which club can come to wrestle you in freestyle dual meets.
5. Plan to try to qualify as many members of your club in the Louisiana trials and attend the final training session to be set for early July.
6. Begin saving money and plan to win your way to the nationals at Iowa City, Iowa, on July 27-28-29-30.

When LWR asked Coach Mike Smith of DeLaSalle: "What do you tell a kid like Mike Germanis after wrestling like a champion and still losing to Mitch Jackson, an undefeated wrestler?"

"The first thing I told him was that he had nothing to be ashamed of," Coach Smith said. "The second thing was the best compliment you can pay any wrestler--you had desire."

"My favorite holds," said Mitch Jackson of Baker, "are the bronco, cradle and hip throw." Mitch ended his high school wrestling career with a 31-0 season.

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In Lee High Invitational

Jesuit nabs title

The 5th Annual Lee High Invitational Wrestling Tournament, held Jan. 22, was an event offering a variety of surprises and upsets.

Coach Sam Harnsongkram's Jesuit Blue Jays successfully defended their Invitational title while capturing three individual crowns. Jesuit entered only an 11 man squad, coming in without a heavyweight. The Jays also had to leave topnotch wrestler Phil Prescott (112) home due to sickness. Adding to this, in the quarterfinals Harnsongkram lost top-seeded 132 pounder John Schutte (23-0) with torn ligaments in his hand. Nevertheless, six of ten wrestlers placed in the meet giving the Jays an accumulated 120.5 pts. Following Jesuit in first place was second place DeLaSalle with 114.5 pts., and Brother Martin with 103.5 placed third.

Mike Smith's Cavaliers had four finalists and appeared to be ready to capture their second tournament title of the season. However, only one wrestler, Jeff Geary was able to finish on top. Had the other three, two of which were defending state champions, come out on top then would have DeLaSalle also.

The tournament featured five state champions and seven grapplers with undefeated records. Only three survived with their records unblemished and two state champions were defeated.

Heavyweight Jeff Tanguis, the 1976, 185 lb. state champion from Catholic High, avenged an early season defeat by decisioning top-seeded Tom Tully of Broadmoor in the finals 12-8. Tully was 21-0 in the season prior to the finals but Tanguis, small for a heavyweight at 200 lbs., took Tully down and to his back for five points, plus two more near falls for an advantage. Tanguis was voted the meet's outstanding wrestler for his fine effort.

Another top match saw top-seeded Craig Seals of East Jefferson, behind 7-0 with 1:20 remaining in the third period, only to escape and take down Mitch Michelli (21-3) to his back for a pin, his 26th win of the season and his 20th fall.

Two giant killers came from Baker, in the form of two-time regional champion, Kenny Duplessis (14-1) and state runner-up Mitch Jackson (24-0), both defeated state champions John Caballero (17-1) and Gordon Stewart (15-2) of DLS 6-5 and 6-2 respectively.

The not-much-publicized Fred Kitziger (2nd seed) of Jesuit decisioned Jim Ravannack of East Jefferson (top seeded and undefeated) with a last second reversal to push his season record to 19-1. It was one of the upsets in the meet.

The 112 pound finals found top-seeded Tom Messonnier of Brother Martin losing to East

Jefferson's Keith Varmall 12-8. Two last period near falls proved the difference, as Varmall, who has been wrestling at 119 pounds, had three falls coming into the finals. This was the second loss for Messonnier who was 19-1 prior to the finals.

Top seeds David Gaffney (23-0) and Greg Roberts (27-0) both of Jesuit pinned Ken O'Banion of Redemptorist and Wes Hurst of R.L. Turner, respectively. But, to handle O'Banion, Gaffney who usually looks a little bored (and why not with a 23-0 record) had a tough wrestling job. O'Banion proved himself to be a tough, aggressive opponent from the North Baton Rouge school.

Catholic High finished seventh, but still had three individual winners in Tanguis, Fritz Koger and Doug Comeaux. R. L. Turner of Dallas finished fourth and had two second places and two third place finishers. Turner was the 1976 Texas state champion.

The following are individual results in all weight classes:

- 98 Craig Seals (EJ) pinned Mitch Michelli (BM) 5:10
- 105 Fritz Koger (CHS) dec. Mike Chaney (R.L.T.) 5-2
- 112 Keith Varmall (EJ) dec. Tom Messonnier (BM) 12-8
- 119 Kenny Duplessis (Bak.) dec. John Caballero (DLS) 6-5
- 126 Mitch Jackson (Bak.) dec. Gordon Stewart (DLS) 6-2
- 132 Doug Comeaux (CHS) dec. Mike Germanis (DLS) 8-4
- 138 Fred Kitziger (JES) dec. Jim Rvannack (EJ) 7-5
- 145 Jeff Geary (DLS) dec. Greg Schindler (BM) 9-3
- 155 David Gaffney (JES) pin Ken O'Banion (R) 6:00
- 167 Greg Roberts (JES) pin Wes Hurst (R.L.T.) 3:24
- 185 Roy DeRoche (HC) dec. Jim Campbell (Lee) 15-8
- Hwt. Jeff Tanguis (CHS) dec. Tom Tully (Bd'm) 12-8

Participating in the tournament were: Brother Martin, DeLaSalle, Holy Cross, Jesuit, and East Jefferson from New Orleans; and Baton Rouge entries Baker, Broadmoor, Catholic, Lee and Redemptorist. Representing Texas was R. L. Turner of Dallas.

Tommy Brannan, a five year wrestler and Div. II state champ from St. Martin attributed his state title to: "Hard practice, that's all there is to it!"



Victory thrill

Craig Seals of East Jefferson, experiences the thrill of victory as the referee raises his arm upon completion of his win over Mitch Michelli during the Lee High Invitational finals.

All American nominations set

Scholastic Wrestling News will again honor the National High School All-American Team and there is a nominating ballot in the Feb. 1, 1977 copy of S.W.N. which should include a photo of the wrestler.

Seniors only are eligible, and your nomination must be submitted on this official form and signed by the coach and your school administrator.

Entry deadline is April 1, 1977. Nominations which lack information, signatures, or photos will not be accepted.

Return completed form to: Scholastic Wrestling News, Cal Johnson, associate editor, 2231 E. Summit, Missoula, Montana 59801.

Many fine wrestlers are not nominated because the coach either did not want to go to the trouble or was unaware of the nomination process. S.W.N. encourages the fans or parents of outstanding senior wrestlers to make sure that the boys' name is submitted for consideration.

When opponent sits out do not allow your head to go over his shoulder. It can result in a head twist roll, or sitout.

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(Editor's Note: This is the last of a three part series of wrestling activities for 14 years old and under in the Baton Rouge area.)

What are the plans for the Red Stick wrestlers in the future? Well, we have kids Regional scheduled for Baton Rouge in 1978. Also, the Red Stick wrestlers will have an opportunity to compete in the USWF Regionals in Florida or the Wilfrida Massieu International Tournament in Mexico City in July. I have up to this date eight of the Red Stick wrestlers preparing to attend one of these tournaments.

A qualifying tournament will be held at Baker High School April 16 which will enable the USWF sanctioned wrestlers to attend an out-of-the-country tournament such as the one in Mexico.

A qualifying tournament for AAU wrestlers will be held sometime in May or June which will allow for wrestlers to compete out of the country or at the central-zone level.

Also, the 1977 National Junior World Championship, ages 17-20 years will be held at CHS, Saturday, March 26. To be eligible a wrestler must be a registered member of the AAU. Contact Coach Dale Ketelsen at LSU, Coach Larry Sciacchetano at LSU or me at CHS.

I am currently involved with preparing and coaching any wrestler who wishes to learn how to wrestle each afternoon at Catholic High Monday - Friday from 3:30 - 5 p.m. Any boy interested in attending -- Come on!

Coach Bofinger of Lee and I will hold a spring clinic this summer, April 16 - May 28 for kids interested in learning how to wrestle or for intermediate wrestlers. The fee will again be \$30 which will cover insurance and a tee shirt. More information may be obtained by calling me at home, 383-6932.

Coaches, there is a challenge to be met by our young wrestlers in the state. Let's help them meet that challenge! Start a Kids Wrestling Program in your area and help put Louisiana wrestling on the U. S. Wrestling map. We have a good start and eager kids!

If anyone is interested in starting an age group club or would like to schedule the Red Stick Wrestlers or have the Red Sticks come for clinics or demonstrations of any kind, please call or contact me at CHS, 383-0397, or at home 383-6932.

We'll go anywhere to promote kids wrestling -- give me a call for more information about new programs for kids wrestling.

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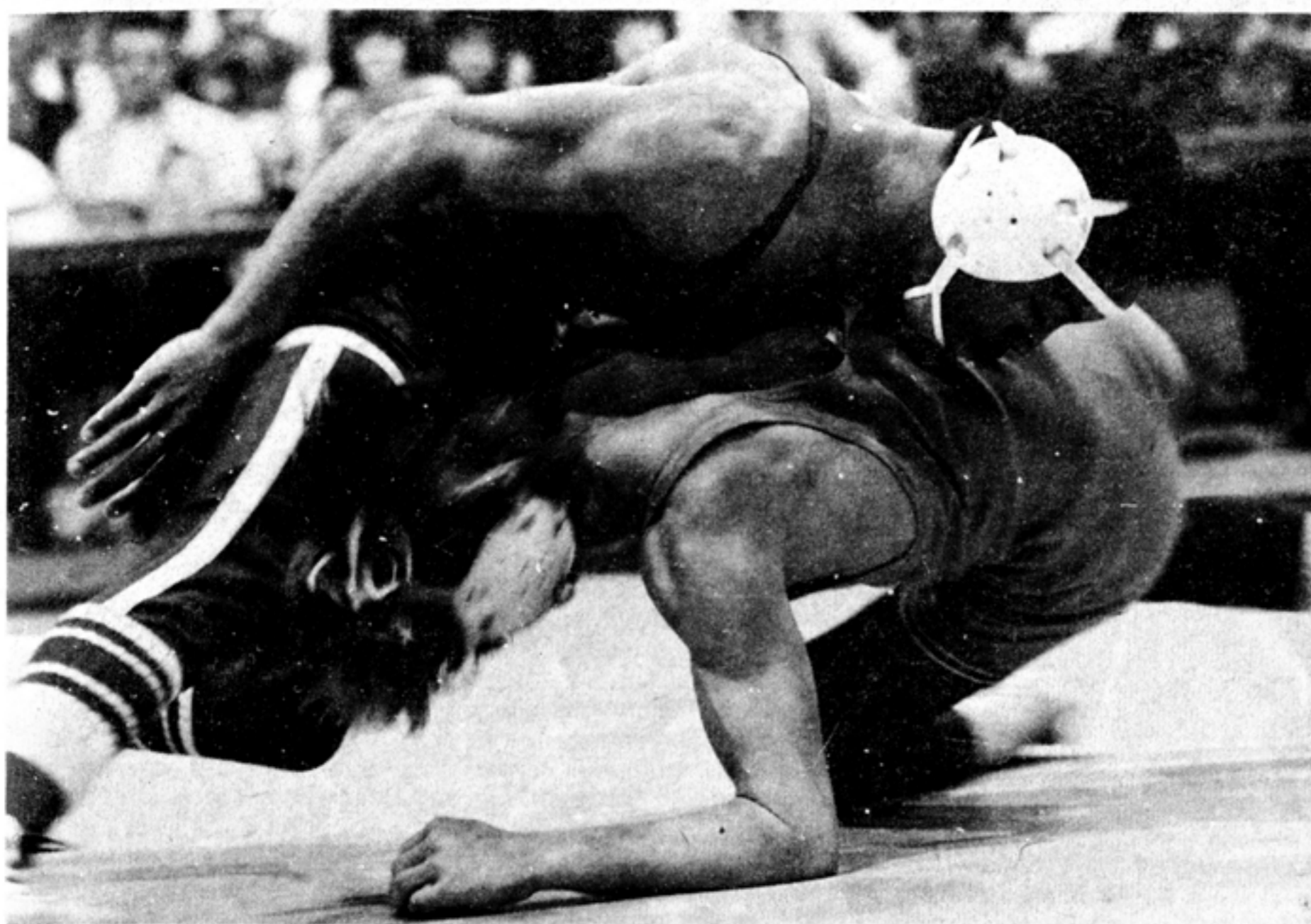
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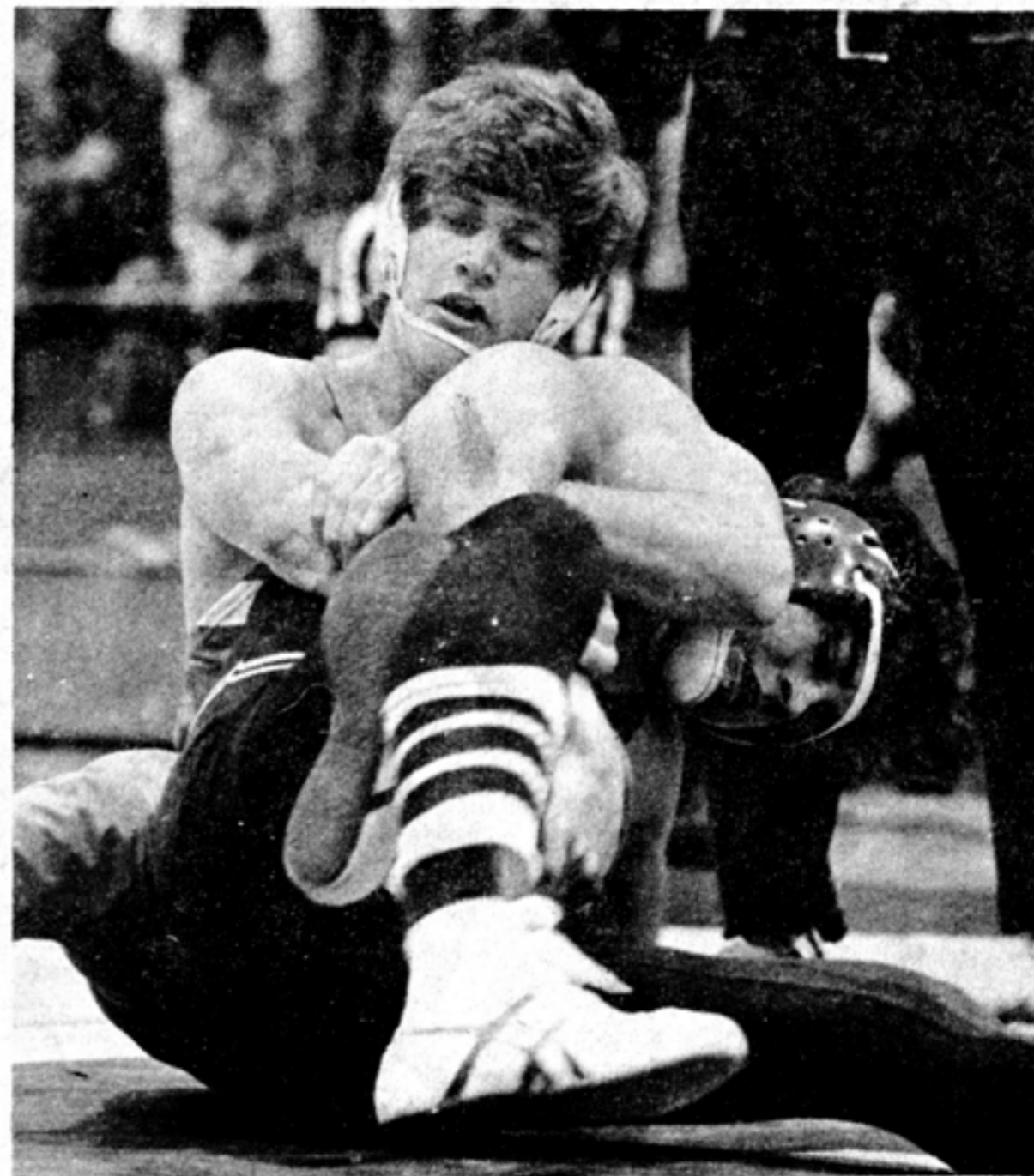
2279 Main (After April 15th...New office and plant 955 Donmoor)



Keith Varmall, 112

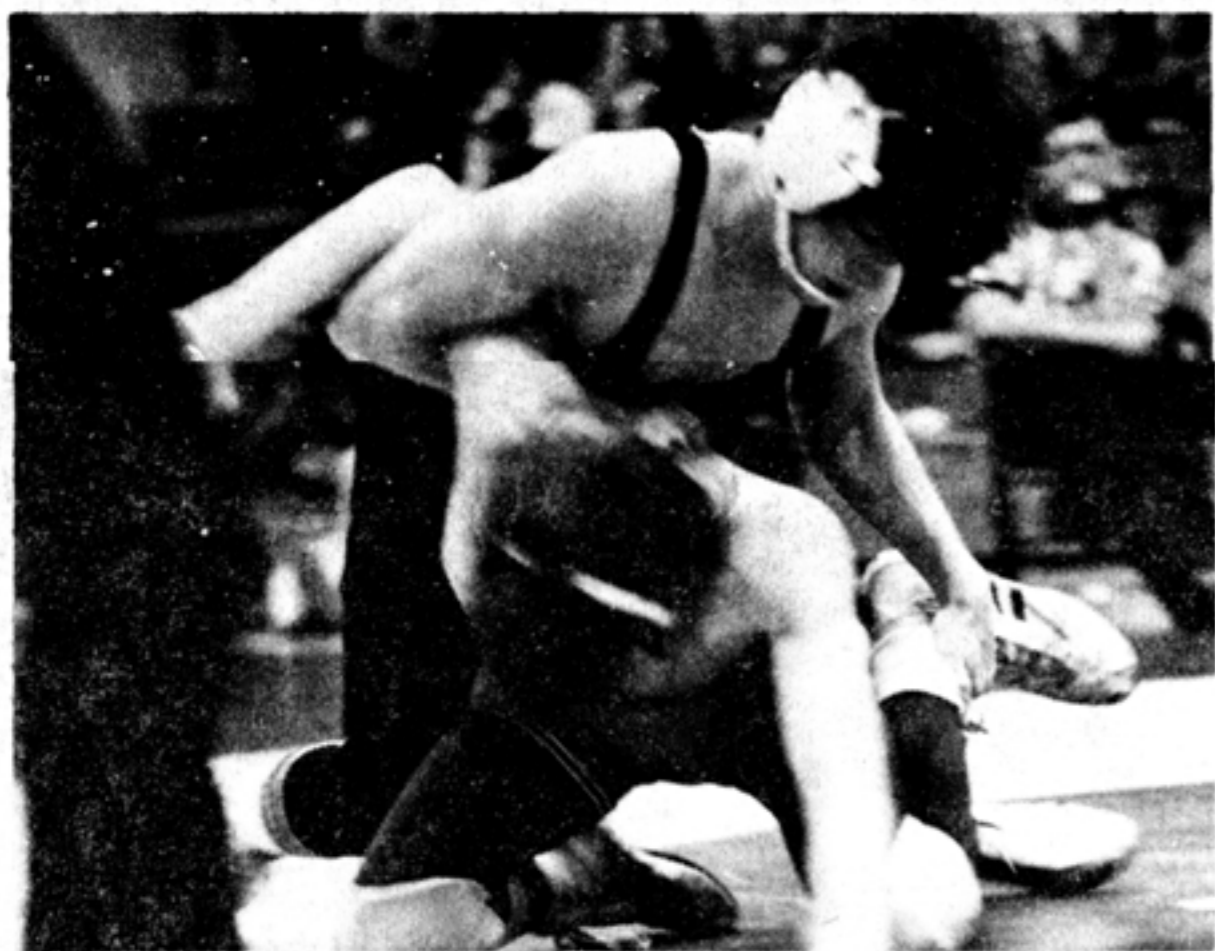
Keith Varmall, a junior from East Jefferson, throws a hard hip into sophomore Tom Messonnier of Brother Martin in the 112 pound finals to stop a

takedown attempt. Varmall won 7-6 and was later voted the outstanding wrestler in the tournament.



Barry Bordonaro, 145

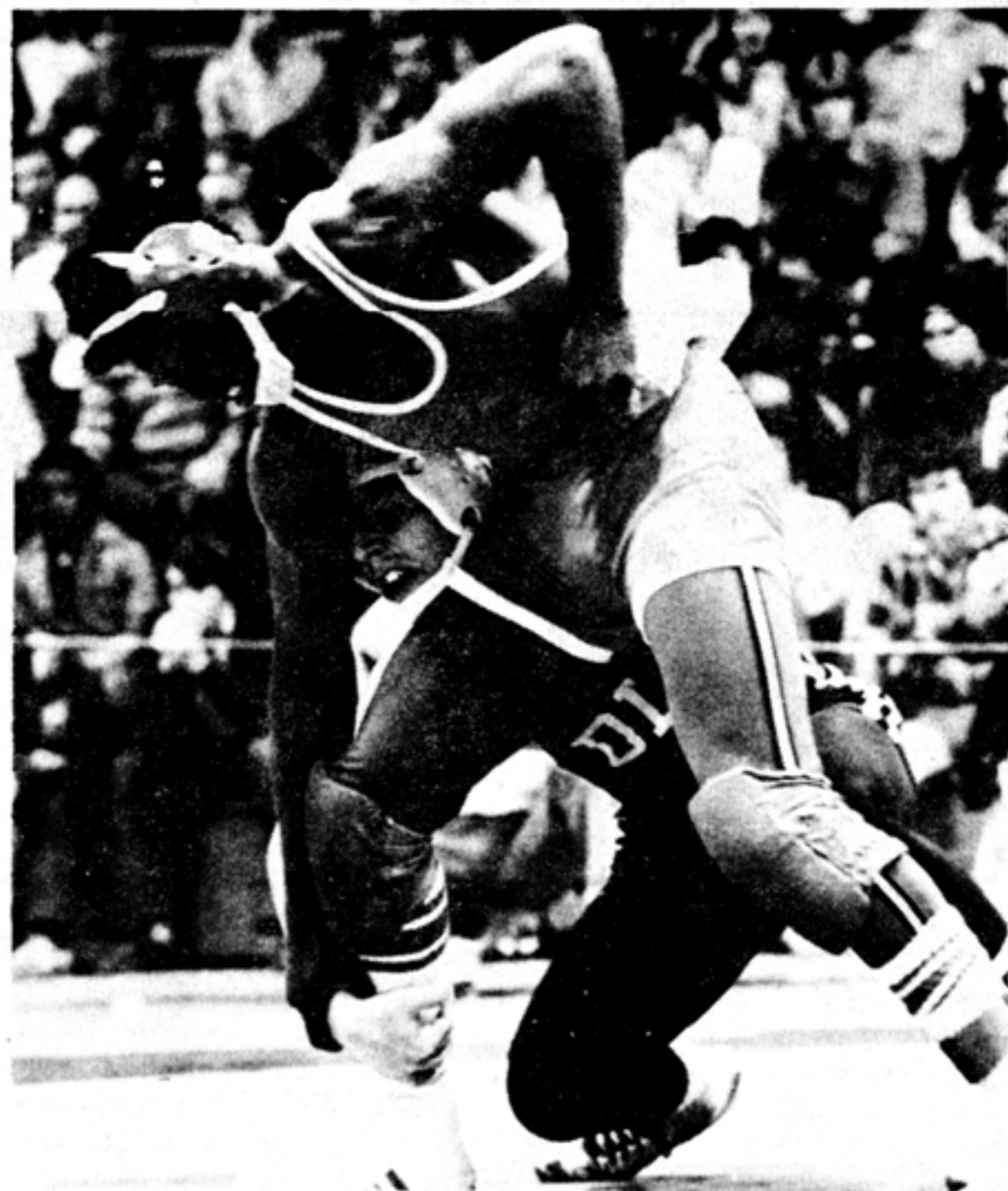
Arms, shoulders, elbows and feet are all you can see when Barry Bordonaro of Rummel and Bart Gutierrez of Lee tie up in the 145 pound state finals in Division I. Bordonaro went on to capture the title 10-4 and remain undefeated for the year. He is one of only three wrestlers to accomplish that feat this season.



John Hart, 105

West Jefferson's John Hart, after taking down Troy Cross of Brother Martin in the 105 pound finals, goes quickly to a bar arm and ankle control to gain a two point near fall. Hart was the 105 pound winner this year with a second period fall, after placing third a year ago.

*East Jeff's
Varmall
captures
Outstanding
Wrestler
honors*



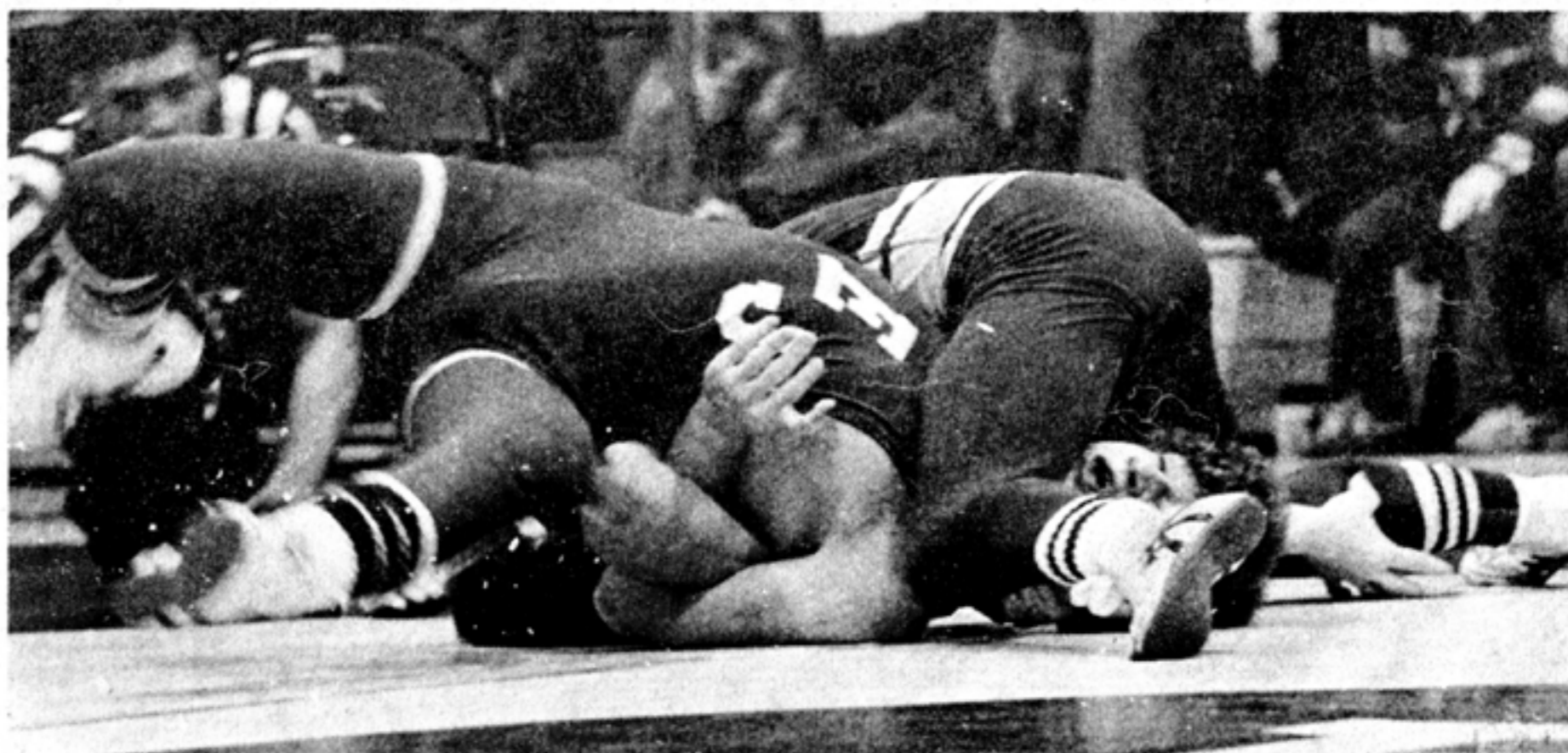
Mitch Jackson, 126

Hand control is an important facet of wrestling from the down position as Baker's Mitch Jackson shows in this photo. While Jackson controls Mike Germanis of DeLaSalle hands, he comes to his feet and goes on to record his 31st win of the season. Jackson's last loss came as a junior in last years state finals.



Craig Seals, 98

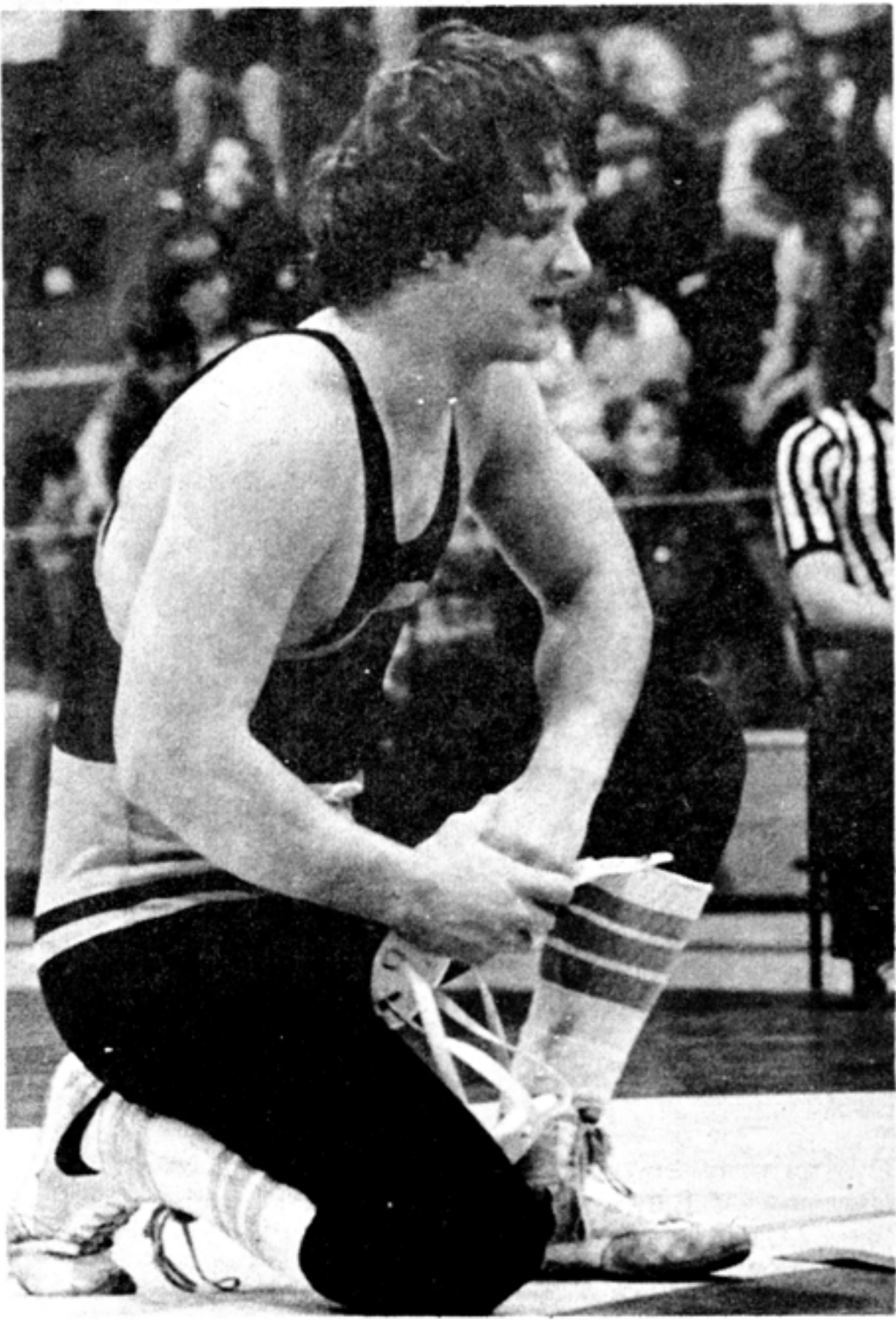
Miten Michelli of Brother Martin rides herd over Craig Seals of East Jefferson in their 98 lb. State Championship Finals. Seals did not stay down long as the junior reversed with 19 seconds left and won 6-4.



Fred Kitziger, 138

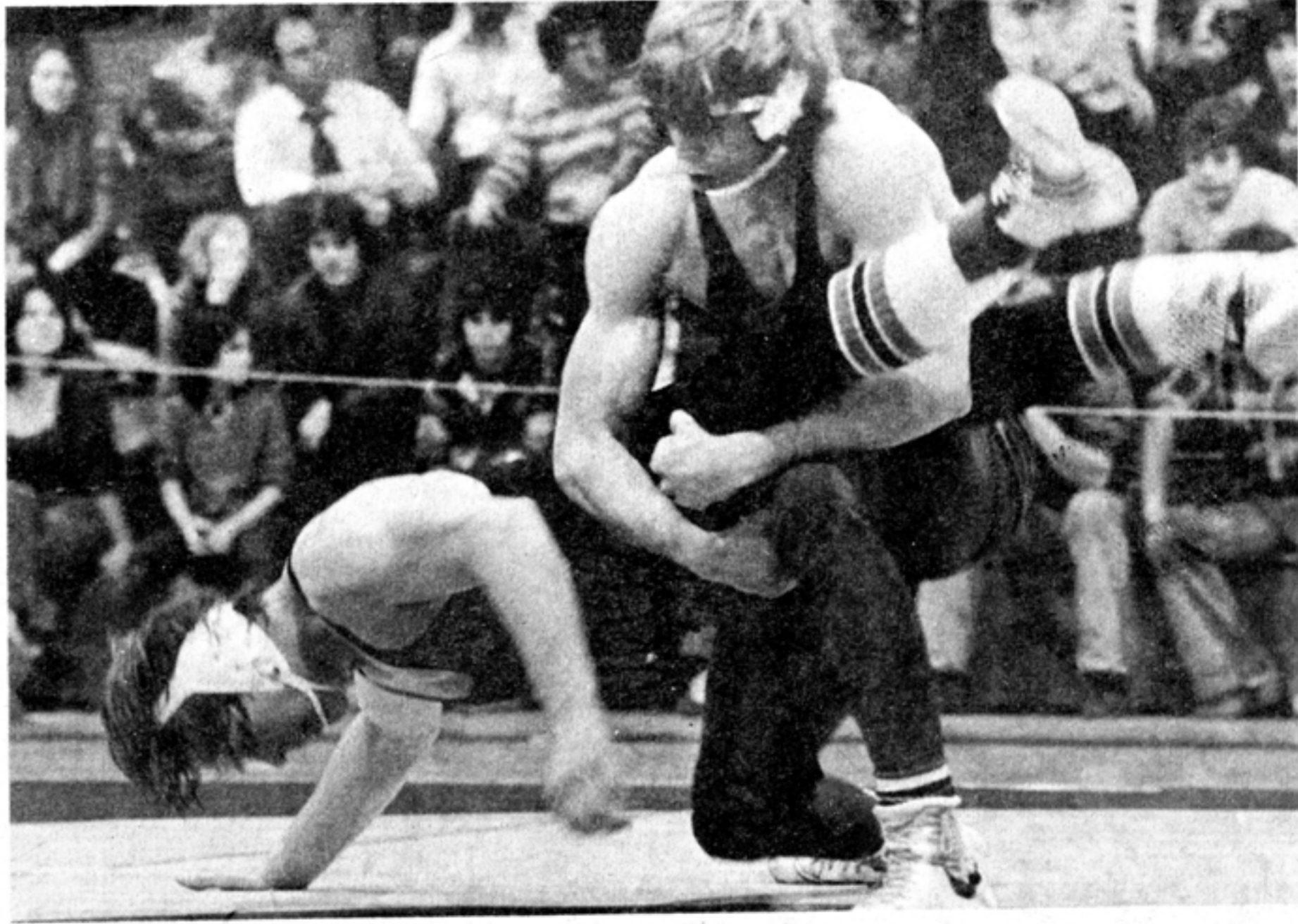
East Jefferson's Jim Ravannack is in lots of trouble as Jesuit junior Fred Kitziger turns him on his back with just a few seconds remaining in the

138 pound finals. With this three point near-fall, Kitziger went on to win 4-3.



Jeff Tanguis, Hwt.

A tired Jeff Tanguis of Catholic High School has a moment of prayerful thanks as he just captures his second state championship title.



Greg Roberts, 167

Defending state champion Greg Roberts of Jesuit controls West Jefferson's Kerry Kennedy with a "Navy Ride" in their 167 lb. finals bout of the Division I State Tournament. The match went into overtime on a stalling penalty by Kennedy, and Roberts won 4-1.

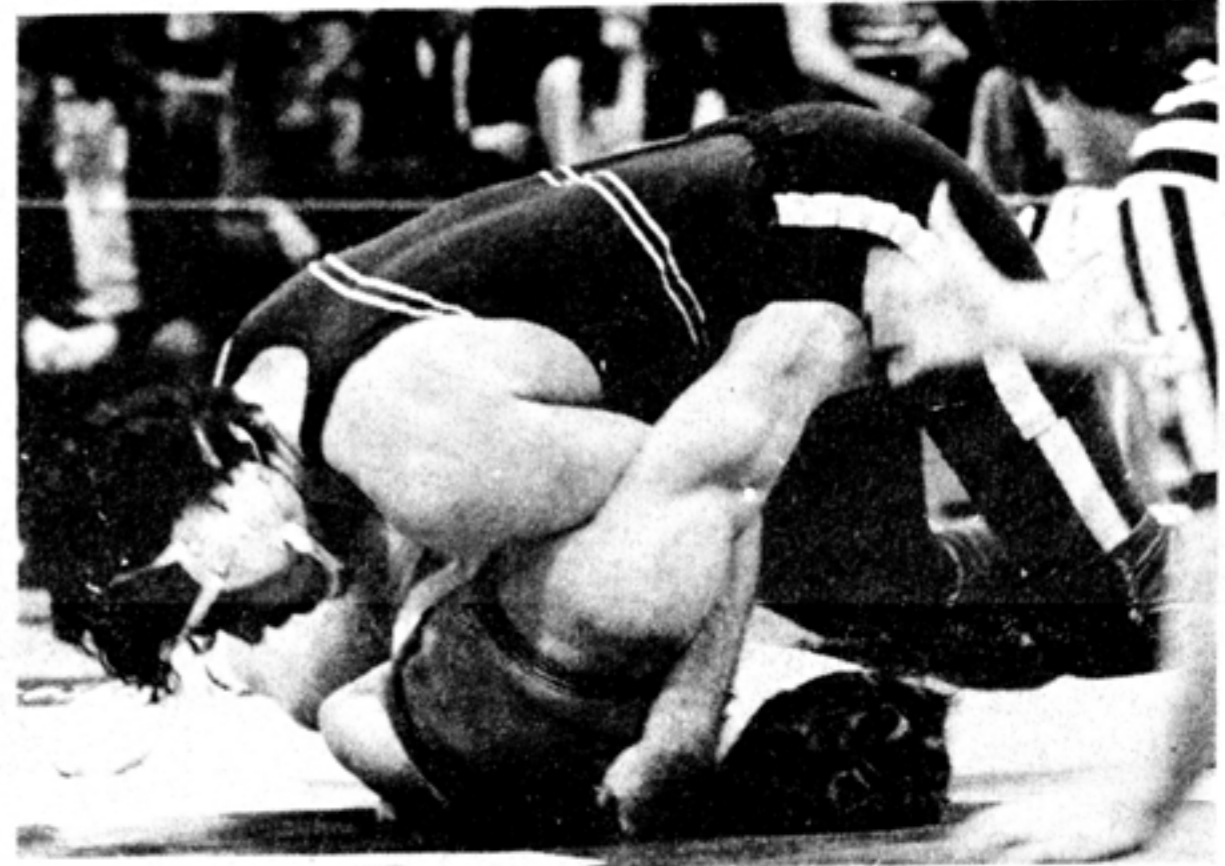
Five

wrestlers

repeat

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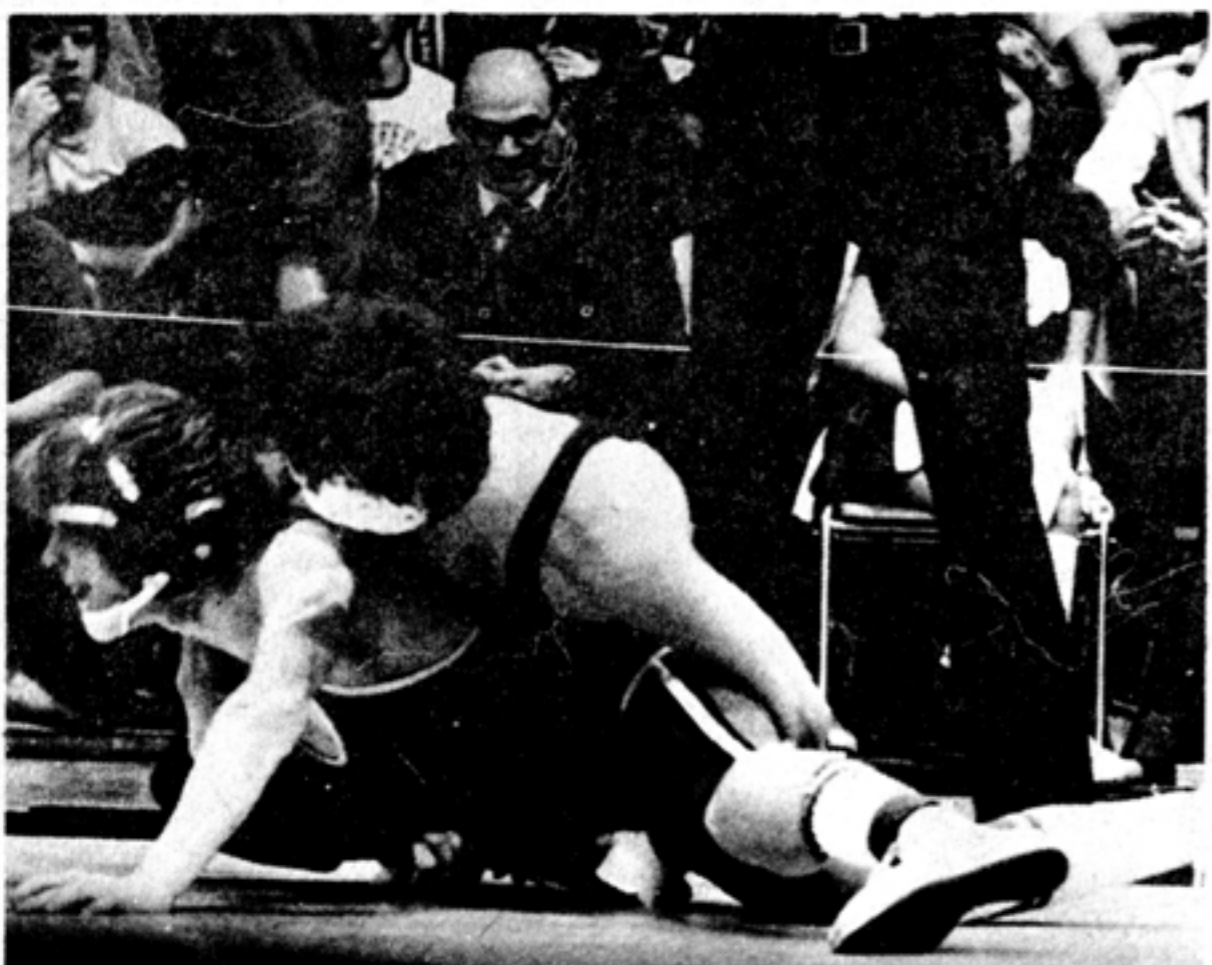
Roy DeRoche, 185

Roy DeRoche of Holy Cross drives his half-nelson in hard to tilt Rummel's Bobby Dale before switching off to a near side cradle to secure a fall in 5:13. This was DeRoche's 26th pin of the season.



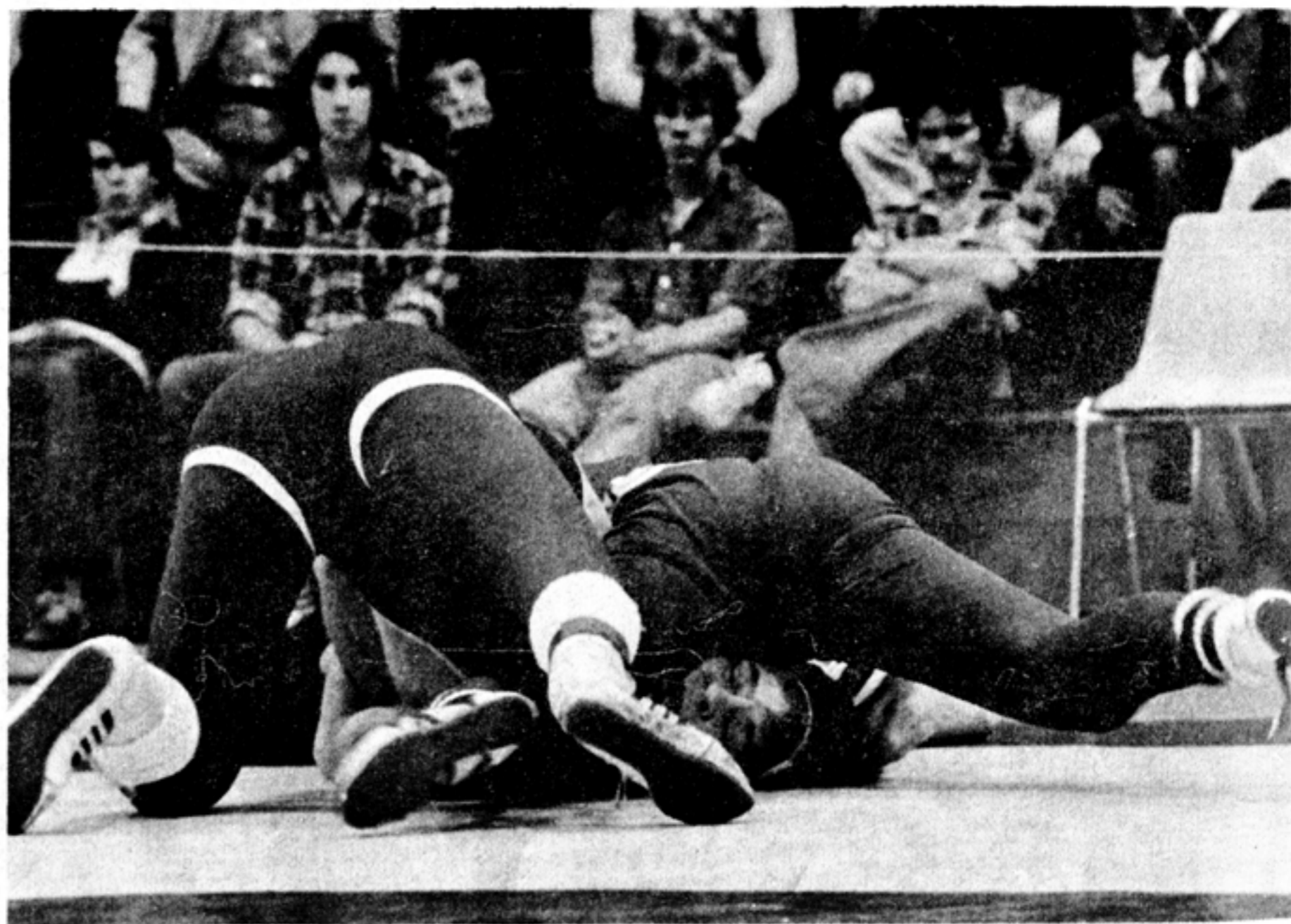
Robert Schutte, 132

Doug Comeaux of Catholic has Robert Schutte of Jesuit all over him during the 132 pound state finals. Schutte defeated Comeaux 5-2 and won his second state title.



John Caballero, 119

John Caballero of DeLaSalle rides three-time regional champ Kenny Duplessis of Baker on his way to a 2-1 win and his second state championship.



David Gaffney, 155

David Gaffney of Jesuit scores a three point near fall on Redemptorist's Ken O'Banion in the first period of their 155 pound final match with a chicken-wing-and-a-half. Gaffney went on to win his second state title and remain undefeated his senior year with a record 34-0.



Stretch 'em out

Greg Roberts, Jesuit's 167 pounder, applies a half nelson on David DeBarros of Lee in their dual on Dec. 8 at Catholic. Roberts scored a fall in 4:44 as Jesuit went in to win the dual.

Blue Jays wrap-up Tiger Invitational

Jesuit High School of New Orleans, coached by Sam Harnsongkram, won the third Annual Tiger Invitational Wrestling Tournament held at the Holy Cross High School Gym on Jan. 15.

The Jays scored 140 points on the strength of five finalists. Second place Brother Martin had three finalists, as did fifth place Holy Cross. Five other schools had two representatives apiece. Greg Roberts, the 167 lb. grappler from Jesuit, received the outstanding wrestler award as he recorded four falls in the tournament.

Tiger Invitational results were:

- 98 Craig Seals, East Jeff, won by forfeit.
- 105 Fritz Koger, CHS, pinned Tyron Williams, HC., 3:43
- 112 Phil Prescott, Jes., dec. Tom Messonnier, BM, 7-6
- 119 John Caballero, DLS, dec. Anthony Young, Lee, 8-1
- 126 Mitch Jackson, Baker, dec. Gordon Stewart, DLS, 6-2
- 132 Robert Schutte, Jes, dec. Bill Hagan, Baker, 8-0
- 138 Jim Rvannack, EJ, dec. David Dean, Jes, 6-3
- 145 Barry Bordonaro, Rum, pinned Bart Gutierrez, Lee, 4:39
- 155 David Gaffney, Jes, pinned Wayne Schmidt, BM, 3:16
- 167 Greg Roberts, Jes, pinned Joe Bodenheimer, HC, 1:04
- 185 Kerry Kennedy, WJ, dec. Roy DeRoche, HC, 10-8.
- Hwt. Jeff Tanguis, CHS, dec. Tim Falcon, WJ, 9-6.

Team scores were: Jesuit, 140; Brother Martin, 127.5; DeLaSalle, 97; Lee, 94; Holy Cross, 72; East Jefferson, 68; Baker, 62; Catholic, 53.5; West Jefferson, 46.5; Rummel, 42.5; Bonnabel, 16.5.

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Take advantage of off-season

Conditioning is valuable

(Editor's Note: The following story was excerpted from the First Aider, a publication of Cramer Products, Inc.)

This season is over, but there are steps that can be taken now to avoid some of the pain and problems associated with conditioning and making weight in the Fall.

In other words, wrestlers need to start thinking about off-season conditioning.

In high schools, many times wrestlers will also participate in other sports, such as track and football. The fact is, any sport they are involved in will help them in wrestling. This is because in wrestling every muscle in the body is likely to be called into use.

Keeping as many of these muscles as active as possible will help make a better all-around athlete and wrestler.

As for the summer months, each wrestler has three avenues of choice:

First, he can maintain his level of strength and conditioning.

Second, he can improve his strength and conditioning.

Third, he can see that hard-earned strength and conditioning quickly go to pot.

With a little guidance from the coach and determination from the athlete, the route followed will be the second.

Wrestling coaches should read the next two paragraphs to their squads before they release them for the summer. Maybe some inspiration can be gained.

Out-of-season conditioning varies from the program followed during the wrestling season in several ways. There is obviously less wrestling. But it is an opportunity to concentrate on overcoming weaknesses in strength, speed, endurance, flexibility and agility; to accentuate those attributes to a greater degree; to enjoy other activities, keep the body weight under control; and to simply experience the exuberance that

accompanies perfect conditioning without having to endure the plague of bruises and grind inherent in the regular season.

Worthy of reemphasis is the advantage wrestling enjoys over most other sports in that almost any activity a wrestler might participate in not only is unlikely to jeopardize his wrestling

ability, but if it is in any way physically demanding, will probably augment his preparation for wrestling. This is true because in wrestling every muscle is likely to be called into use, against resistance, in any direction. The attributes of speed, endurance, flexibility and agility can be assets that make the difference between becoming a winning and losing wrestler.

Take a little time to talk to each wrestler individually. Discuss his areas of weakness in all categories: strength, speed, endurance, flexibility and agility.

Then give him specific exercises to work on to improve those areas. If he follows your suggestions, he'll be a better wrestler next year because of it.

Sam Harnsongkram, coach at Jesuit High School, thinks the crowd is very important to any wrestler. "I want the crowd to give a boy support when he needs it, when he is down and thinking about what to do," he commented. "A wrestler needs the crowd's support all the time."

Barry Bordonaro, 145 Div. I state champion from Rummel says: "You have to be strong and you have to be in good shape—you have to want to win. A lot of it depends on coaching." Barry's coach is Dennis Murphy.

On a sit-out and drop escape do not land on your elbows. Land flat on arm from elbow to shoulder.

JV-State changes

Next year the Junior High-Junior Varsity tournament will be held in two different areas, one in Baton Rouge and the other in New Orleans. The one-day event has just about become too big to administer properly.

With 143 wrestlers from New Orleans and 131 from the Baton Rouge - Lafayette area, the top four place winners from each location will be able to compete in a championship tournament without wrestling all day. With so many wrestlers competing this year, the wrestle-backs from the preliminaries could not be scheduled properly.

If anyone is interested in hosting an area meet please contact Coach Bill Bofinger of Lee High to work out the details.

Area meets will be a step toward running a smoother Junior High - Junior Varsity competition.



Lollis garners outstanding

Ernie Lollis of Capitol High School is being congratulated by his Coach Edgar Fullwood after being selected the outstanding wrestler in the Division II state championships. Lollis defeated the 185 pound defending state champion Virgil Lucas of Natchitoches-Central in the finals.

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Sixth title

Lee High captures city tournament

Robert E. Lee High School, coached by Bill Bofinger, put seven wrestlers into the championship finals of the Baton Rouge City Wrestling Tournament on Feb. 4-5, and four of them emerged as winners to give the Rebel team a clear victory over runner-up Baker High School.

The Rebels took the first three weight divisions with 98 pounder Daren D'Armond, 105 Greg Town, and Jay Harris at 112; and also the 185 pound class with Jim Campbell. All of these winners will defend their title next year as D'Armond and Town are sophomores and Harris and Campbell are juniors.

Kenny Duplessis (119) of Baker, with his 3-1 decision over Broadmoore Chuck Rainwater, became only the second wrestler in the tournament's eight year history to be a three time winner. Beau McInnis of Lee, who wrestled from 1970 - 1972, is the only other three-time winner. Duplessis won in 1975 at 105 lbs. and 112 lbs. in 1976 before his 1977 victory at 119.

There were five city champions trying to defend their titles and Tom Tully of Broadmoore was the only one to survive with a 7-6 decision over Catholic's Jeff Tanguis.

Ernie Lollis of Capitol broke a three year quick-pin record in the tournament with his 0:15 second pin of Tommy Mayer of Catholic in the quarterfinals of the 185 lb. division.

Catholic's Doug Comeaux and Redemptorist's Ken O'Banion, were selected as the meet's outstanding wrestlers in the lower and upper weights respectively.

Broadmoore had Steve Durrett and Roger Hartline, plus Tully as winners, while Mitch Jackson along with Duplessis of Baker placed first, and John Brewerton and Comeaux won for Catholic High. O'Banion of Redemptorist placed first.

The seeding by the coaches proved very good as nine of the top seeds won, two second seeds won and one non-seeded wrestler made it to the victory stand.

Coach Bill Bofinger said after the meet, "In order to win we needed a team effort; that's exactly what we got. It is the best we've wrestled all year and I was pleasantly surprised." This was Lee's sixth title in eight years. Bofinger was also named coach of the year in the city for the

second year in a row.

Lee took the "B" division title with eight first places and two runner-ups. Baker was again second in the "B" competition.

Championship finals: 98 - Daren D'Armond, Lee, won by forfeit over J. P. Morgan, CHS; 105 - Greg Town, Lee, dec. Fritz Koger, CHS, 6-5; 112 - Jay Harris, Lee, dec. Jake Ragusa, Bd'moor, 6-5; 119 - Kenny Duplessis, Baker, dec. Chuck Rainwater, Bd'moor, 3-1; 126 - Mitch Jackson, Baker default over Mike Lambert, Lee; 132-Doug Comeaux, CHS, pinned in overtime Bill Hagan, Baker, 2:36; 138 - Roger Hartline, Bd'moor, dec. Eric Hamilton, Lee, 10-4; 145 - John Brewerton, CHS, dec. Ken Culotta, Bdmoor, 9-2; 155 - Ken O'Banion, Red., pinned Dan Miller, Lee, 1:03; 167 - Steve Durrett, Bdmoor, dec. Paul Berggreen, CHS, 10-9; 185 - Jim Campbell, Lee, dec. Ernie Lollis, Capitol, 13-4; Hwt. - Tom Tully, Bdmoor, dec. Jeff Tanguis, CHS, 7-6.

Team scoring was as follows: Lee 186, Baker 131, Broadmoor 126.5, Catholic 120.5, Redemptorist 97, Belaire 34.5, Tara 33, Capitol and Baton Rouge High, 22 each.

Do not keep arms wide nor stiff when wrestling.

In semi-hookup on feet do not allow opponent to have both of hands inside your arms. Allow him one at the most. OR NONE.

Catholic High set to host Jr. tourney

Catholic High will host a Junior World qualifying tournament on March 26. Registered athletes who have a current AAU membership card and who have placed 1st, 2nd, 3rd, 4th, 5th or 6th in their association tournaments, qualify for the National Championships to be held in Las Vegas July 11-16.

Wrestlers whose birth dates were in 1957-1960 are also eligible. For additional information contact tournament director, Dale Ketelsen at LSU.



Baton Rouge City Tournament winners are pictured above after the Feb. 4-5 meet. Shown front row, left to right: 119 Kenny Duplessis (Baker); 132 Doug Comeaux (CHS); 126 Mitch Jackson (Baker); 105 Greg Town (Lee); 98 Daren D'Armond (Lee); and 105 Jay Harris (Lee). Back

row, left to right: Hwt. Tom Tully (Bd'moor); 185 Jim Campbell (Lee); 167 Steve Durrett (Bd'moor); 145 John Brewerton (CHS); 155 Ken O'Banion (Red); and 138 Roger Hartline (Bd'moor).

DeLaSalle loses coach

Mike Smith of DeLaSalle High School in New Orleans will be leaving after one year of coaching to work on post-graduate studies.

Smith, who guided the Cavaliers to the 4th place finish on the state tournament had two state finalists with 110 pounder John Caballero winning first, will be sorely missed. Smith had done an outstanding job in one year.

If anyone is interested in applying for the wrestling coach positions for the 1977-78 season, and who is certified in English or Social Studies, please contact School Principal Brother Richard Langenstein, F. S. C., at 5300 St. Charles Ave., New Orleans, La. 70115, Phone 895-5717.

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To Louisiana Wrestling

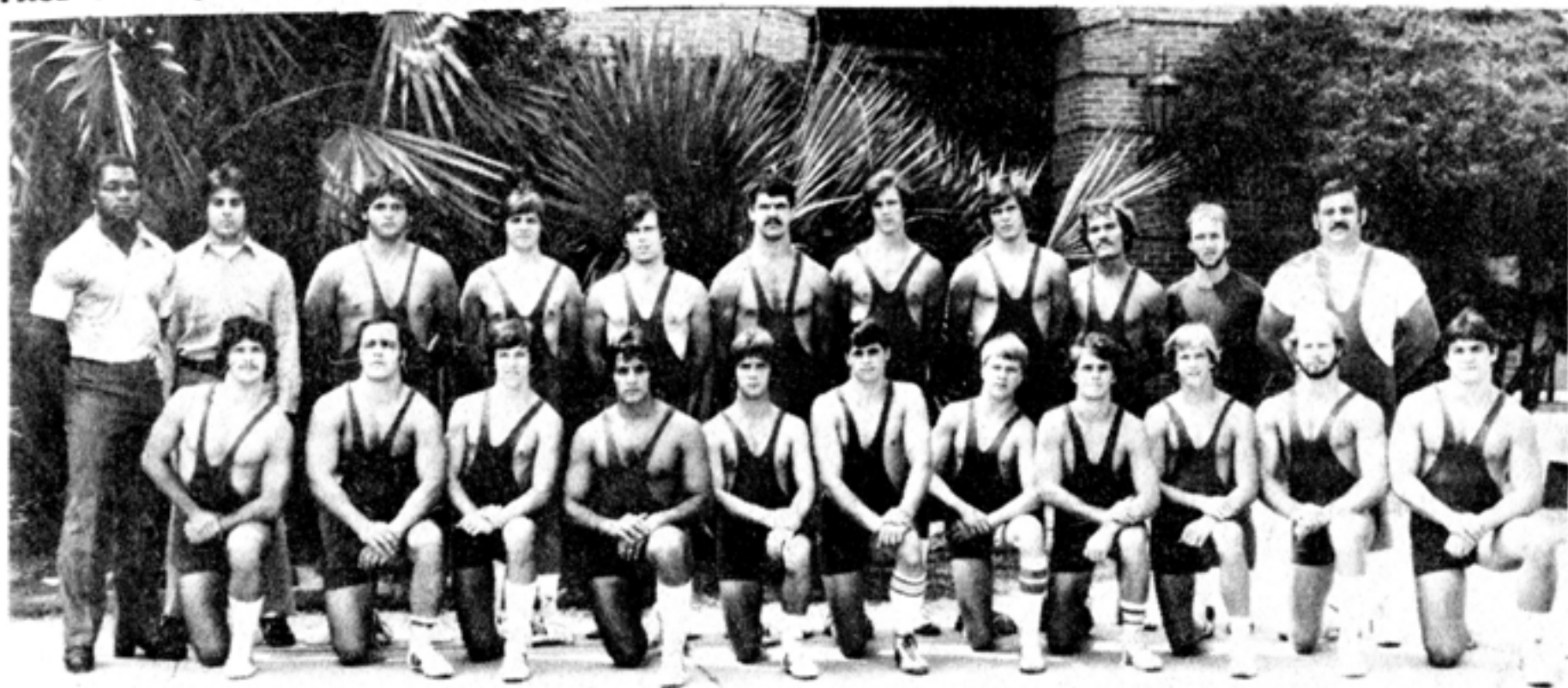
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1976-77 LSU wrestling team

LSU closes 'successful' season

By Bill Bofinger

Coach Larry Sciacchetano's first season at the LSU helm was not a winning season, but the big head mentor said it was successful in several aspects.

With most of the team composed of freshmen and sophomores, the Tigers took on one of the toughest, if not the toughest, schedul in the country, wrestling the likes of Oklahoma State, Cal Poly, Kentucky, Oklahoma, and Iowa State.

Coach Shack felt that even with the limited ability and experience of the team, the Tigers learned that top-ranked teams in the country can be beaten as they did win some individual bouts against many of the good teams. He also found some top prospects for the future in freshman Joe Bruno of Merrick, N.Y., Tom Martucci of Palisades Park, N.J. and Kevin Kindschuh of Wisner, Neb.

Coach Shack said he did not realize just how competitive the Southeastern Conference was until this year and feels that the conference champions and runnerups will all be competitive in the national tournament. It will not be too long before the SEC is one of the toughest conferences in the nation. A lot of the northern wrestlers are coming south because of the weather, and the southern schools with new programs are going after young energetic coaches with new ideas and techniques.

The Tigers finished fifth in the conference meet March 4-5, behind SEC champion Kentucky, Florida, Tennessee and Alabama. Five of the nine-man team placed but only one 158 pounder John Henry of Ballwin, Mo., placed third. Fourth place finishers were Kevin Kindschuh, Scott Oswald of Metairie, La., Dave Sanford of Baldwin, N. Y. and Paul Ameen of Oklahoma City, Okla.

But, at this time next year, Sciacchetano will have the help of four proven national-caliber wrestlers who have transferred to Tigertown but must sit out a

redshirt year to gain their eligibility.

Heading the list is 134 pounder Mike Chinn from Grove City, Ohio who was a high school All-American under Pete Allen. He then wrestled for Oklahoma University and was the 1976 Big 8 champion. At 118 pounds, is three-time Massachusetts state champion George Kacavas who wrestled for Montclair State a year ago and placed third in the Division III nationals. Vic Hargett at 142 pounds also wrestled for Shack at Montclair in 1976 and is an outstanding grappler. Pennsylvania state champion Bob Harris, 158, who was a first team freshman All American from Massachusetts Maritime College, is also a Tiger. Also, Pennsylvania State semi-finalist Joe Atlyeh at 190 pounds, whose little brother George (6'4", 240) is the number one ranked high school heavyweight in the country, has already signed a national letter of intent to play football.

As far as recruiting goes, of the top blue chip wrestlers listed in "The Young Wrestler" magazine, many have shown a sincere interest in LSU.

The wrestling season is over, but the recruiting season begins and that's where a large part of the battle is won.

When standing, do not wrestle back on your heels. Nor too high.

Gaffney receives LWR top honors

By Linda Bofinger

David Gaffney, a senior at Jesuit High School, has been chosen by Louisiana Wrestling Roundup as its 1977 Outstanding Wrestler in the state.

Gaffney, a two time state champion, compiled an overall record of 88-11-0. His last year in high school saw him with an undefeated season and a record of 34-0-0. Gaffney participated in seven tournaments this year and came out first in each, along with being chosen outstanding wrestler at the New Orleans City Meet.

The grappler began his career when he entered Jesuit High School: Coach Sam Harsongkram did the coaching, and Gaffney did the rest.

According to Gaffney, "70 percent of wrestling is mental; the other 30 percent is being in shape." He explained that through good coaching and drills, a boy can become a good wrestler—"It's all in the attitude of the wrestler," he said. "It took me 3 years to learn that and to finally realize how much of wrestling is a mental thing," he commented. "It's got to be drilled into your mind all the time that there's only one place to be and that's number 1."

According to Gaffney, he used his undefeated season and the pressure that goes along with it to his advantage. "You always feel the pressure of being undefeated each time you go out on the mat," he remarked, "but the trick is to get it to work for you rather than against you." Obviously, the pressure didn't seem to get to Gaffney.

The Jesuit Blue Jay didn't know just what match was "Toughest" for him; "They were

all tough," he said. "Nobody is really easy."

What the future holds for David Gaffney is not clear at this point. He plans on attending LSU in the Fall but is still unsure as to whether he'll try out for the wrestling team. "I'm really undecided at this point," he commented.

Gaffney was selected Outstanding Wrestler on his high school record, sportsmanship, contributions to wrestling, and grade point average.

He will receive a laminated plaque with a certificate signed by Coach Sam and LWR publisher, Bill Bofinger.



DAVID GAFFNEY

USWF meets scheduled

Two U. S. W. F. tournaments that may be of some interest are the 4th Annual Tennessee Pride Wrestling tournament held April 1-2 at Hillwood High School in Nashville, Tenn. and the Peach State III open freestyle wrestling championship held Saturday, May 14 at the Cobb Civic Center in Marietta, Ga.

For further information on either of these tournaments contact G. P. West, Hillwood High School, Nashville, Tenn. 37205 or phone (615) 766-0786 or John T. Martin, 351 Lake Dr. Apt. H., Marietta, Ga. 30060.

Jr. High-JV

(Continued from Page 5)

--123 John d'Aquin (EJ) dec. Todd Simoneaux (Rum) 15-8

--130 John Fogarty (Bon) dec. Brett Davinson (EJ) 6-2

--136 Billy Majeau (BM) dec. Allen Wagner (HC) 9-7

--142 Stewart Hart (WJ) dec. Gilbert Joe (Jean) 5-0

--149 John Sorrells (WJ) dec. Greg Adams (EJ) 5-3

--159 Keith Ramirez (Bon) dec. Lionel Ezell (La. Sc. Blind) 8-7

--171 Mike Dale (Rum) pinned Locke Meredith (Lee) 50 sec.

--189 Kurt Queyrouse (J) pinned Tim Malone (Rum) 2:00 sec.

--Hwt. Jaime Babin (Lee) pinned Mark Pennison (WJ) 2:10

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From chop to takedown

Kennedy's a champ

By Kevin Ryan

From a crop to a takedown, Kerry Kennedy has moved and moved well.

To move from judo to wrestling--and make the moves count--you have to do things well.

And that's just what Kennedy has done.

Since starting as a judo trainee at the age of eight, Kerry, of Gretna, has always seemed to be in things over his head. For that matter, over his age and weight, too.

At eight, Kerry's YMCA instructor tried to tell him he was too young. The other kids were 10 and the instructor felt Kerry would be into things he couldn't handle. But because Kerry was big for his age, he received a chance to work with the 10-year-olds. In three months he was working well with them. Entering a YMCA Regional Tournament in St. Augustine, Kerry took runnerup honors despite not having had tournament experience.

Jaycees conduct tourney

On March 5, the results of many long man hours of work came to a close with the conclusion of the Baton Rouge Jaycee Junior High School wrestling tournament.

The Jaycee's contacted virtually every junior high school in the parish and encouraged them, through the physical education program, to enter a team of 15 weights in the meet. Where some schools did not have knowledgeable coaches, in-school clinics were conducted with the help of area high school wrestlers.

Later, on the two Thursday nights preceeding the tournament, additional clinics were held with the help of area high school coaches. With the ground work set, 16 schools with 164 wrestlers entered the First Annual tournament held March 5 at Catholic High School.

Matches were watched closely by the Baton Rouge area officials association which donated their time and energies to the project.

Coach John Napoli's Prescott junior high team won the first place trophy and Catholic High, coached by Barrett Murphy, placed second.

Individual results were as follows:

70 -- Ralph Deitrich, (Prescott) pinned Ronnie Leleaux (Prescott).

75 -- Blake Hopkins (St. Aloysius) pinned Charles Schultz (S. East).

80 -- Karl Krousel (St. Aloysius) pinned Bill Mayer (St. Aloysius).

86 -- Brett Murphy (St. Aloysius) dec. Pat Garrett (Prescott) 11-0.

92 -- Craig Beateau (Baker) dec. Gerald King (Baker) 13-0.

100 -- Michael Kirby (CHS) dec. Tommy Chabreck (Valley Park) 7-0.

Like most things, Kerry's success didn't come easily.

"Training and training went on for many years, fighting boys much older than himself," said Mrs. Ray L. Kennedy, Kerry's mother. "At the age of 12, he started fighting senior men and was able to hold his own place in many tournaments and beat senior black belts. At the age of 13, he beat the Scottish light-weight Olympic champion and was honored by the Scottish coach."

*He's a black belt
and a good wrestler*

A black belt at the age of 14, Kerry was also a Junior National Judo champ since 13 and was awarded the Outstanding National Athlete Award in Judo for 1975-76.

But, judo isn't wrestling. And handling wrestling without unlimited use of the hands posed a problem. "Wrestling was a new thing for him as a freshman in high school but the leadership that coach D'Anna provided gave him inspiration," his mother remembered. "He had a very hard conversion from judo to wrestling. The first was not being able to use his hands on a uniform of 'Gi' as it is called in Judo.

Next was the takedowns. There was much hard training--for what was legal in judo was illegal in wrestling. But he did well in wrestling, making the varsity as a freshman," she added.

As a soph., he finished second in the state and was named the Outstanding Wrestler in Jefferson Parish. Later, he won the 167-pound city and state championships.

At the First Pan American Junior Judo Championships in Mexico City, Kennedy spotted some weight and helped the U. S. win the team trophy by one point. Kennedy and Brett Barron promised to give the U. S. team a gold and silver medal in the 176-pound class since both were talented performers. Coach Pommerelle asked one of the performers to move up a weight class to give his team a chance at two gold medals instead of one gold and one silver. Kennedy volunteered, battled some contestants who weighed as much as 60 pounds more than himself, scored five straight victories and picked up another gold medal for our side. Barron's win in the 176-pound class, and Kerry's triumph in the open division resulted in the U. S.' win over Mexico by a slender point.

Keep an eye on Kerry Kennedy. The chop-take down kid should be an Olympic contender by 1980.




National champion

At the age of 13, Kerry Kennedy became a Junior national judo champion and was honored with a trophy presented by USA bronze medal Olympian, Jim Bregman. At the age of 14, Kennedy had received his black belt. By 1975-76, he was awarded the outstanding national athlete award in judo. And he has a second career in wrestling where he has won honors during his years at West Jefferson as a 167 lb. contender. He was city and state champion in his junior year and placed second in the state this year.

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June 12-17; June 19-24; June 26-July 1

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STAFF:

Mel Renfro, assistant coach, NCAA Runner up U. of Wash.
Mike Chinn, Big eight Champion 1976
LSU former wrestlers and high school coaches
Other top clinicians

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EQUIPMENT:

Workout gear; lock for locker; and towels

LOCATION:

Tiger Wrestling Room, Assembly Center

TIME OUT

By BILL BOFINGER

The high school wrestling season has come to a close and along with it the conclusion of our initial publication year. We hope and feel like the paper was a success and that it accomplished some of the goals it set out to achieve.

First and foremost, was to help promote and encourage the sport of wrestling. We feel like the well-deserved publicity we were able to give to wrestlers and teams was a big start in the right direction.

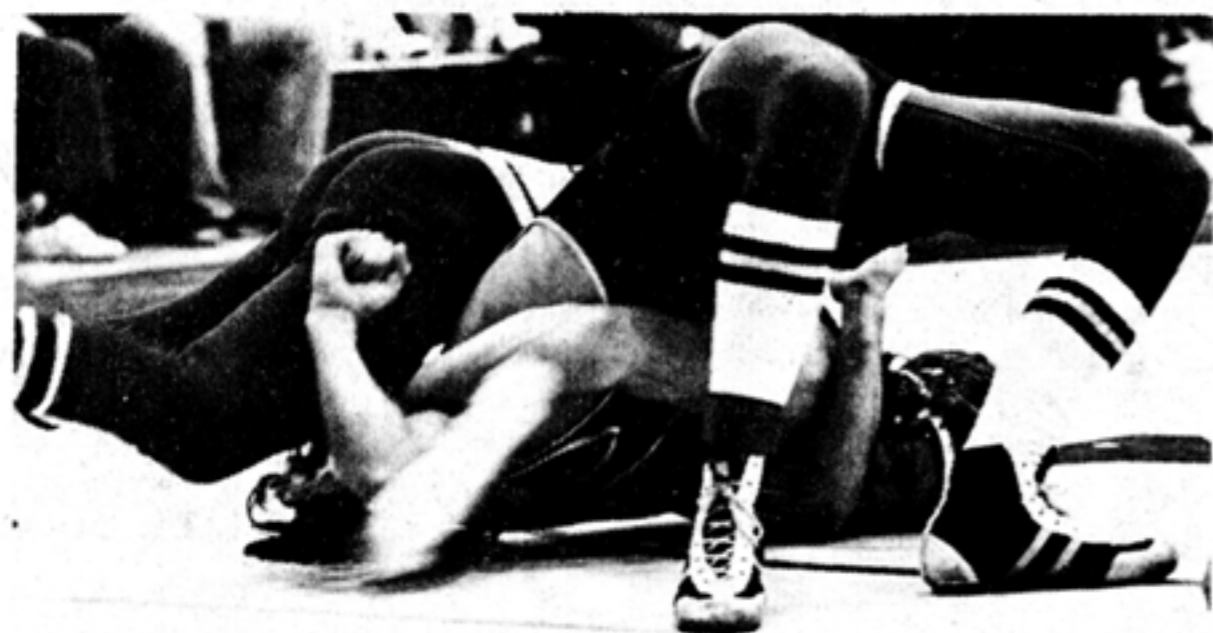
Second, we wanted to establish better communication between different parts of the state, let others know what was going to happen, and then after it did happen, report it.

Third, we hoped to encourage wrestlers during the latter part of the season to continue conscientious off-season training and remain in competitive condition for the following season.

Wrestling is on the move in our state and it will continue to grow with summer meets, kids clubs, and dedicated coaches working with each other to promote and improve the sport.

We would like to encourage all wrestlers to get involved in spring and summer tournaments, wrestling camps, and hard weight training to improve on their performance for the upcoming year.

Our intentions were to support wrestling...however, without the support of our many friends and advertisers our goals could not have been achieved. Thanks go out to them from the staff of LWR and from those wrestlers for whom their support benefited.



Back to the mat

Robert Schutte of Jesuit has Mike Starks of Redemptorist on his back and secures a fall in the quarter-finals of the Lee High Invitational. Schutte injured ligaments in his hand in the match and had to default his semifinals match.

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In District 11-AAAA competition

Jays are victorious

By Ted Stall

Statistician, Jesuit High School

Sam Harnsonkram's Jesuit Blue Jays, defending state champions, slipped through the back door to surprise the DeLaSalle Cavaliers and emerge as the first champions of the District 11-AAAA Wrestling Championships Jan. 29.

In all, there were six returning state champs wrestling: At the end, one had fallen.

Gordon Stewart, last year's champ at 132, lost to Mark Scariano of Brother Martin by a score of 6-2 in the 126 lb. weight class. For this fact, Scariano was awarded the Most Valuable Wrestler Award. His teammate, Mitch Michelli, at 98 lbs., pinned "Buttons" LeBlanc of Rummel in the first round to win that title.

Roy DeRoche and Mike Delesdernier, both of Holy Cross, took honors in the 185 lb. and heavyweight divisions. DeRoche pinned Bob Dale of Rummel, while Delesdernier won by default over Mark Benedetto of Brother Martin.

Marcel Pilie, a 105 pounder, decisioned Tyrone Williams of Holy Cross, 2-0. John Caballero, last year's 112 state champ, defeated Greg Rodriguez of Brother Martin for the 119 pound weight class crown.

The rest was all Jesuit as the Blue Jays captured six individual championships, led by Greg Roberts who pinned Nick Saltaformaggio of Holy Cross in the 167 pound weight class to keep his unbeaten streak alive.

Also unbeaten for the Blue Jays was team captain David Gaffney who decisioned Joe Bodenheimer of Holy Cross, 6-2. Robert Schutte and Phil Prescott, both state champs a year ago, looked impressive with Schutte taking a 12-2 major decision over Mike Germanis of DeLaSalle, and Prescott winning a hard-fought 11-6 decision over Tommy Messonnier of Brother Martin.

Two other Jay grapplers, David Dean and Chris Evans, took it to their Cavalier opponents: Dean earned a 6-2 victory over Dicky Keiffer in the 138 pound weight class, and

Evans struggled with Jeff Geary before winning 3-0.

Team-wise, the Blue Jays totaled 146.5 points for first place, while DeLaSalle came in second with 131.5 points.

The results of individual matches were as follows:

98 Mitch Michelli (BM) pinned Charles LeBlanc (Rum).

105 Marcel Pilie (DLS) dec. Tyrone Williams (HC).

112 Phil Prescott (J) dec. Tommy Messonnier (BM).

119 John Caballero (DLS) dec. Greg Rodriguez (BM).

126 Mark Scariano (BM) dec.

Gordon Stewart (DLS).

132 Robert Schutte (J) won by major dec. over Mike Germanis (DLS).

138 David Dean (J) dec. Dicky Keiffer (DLS).

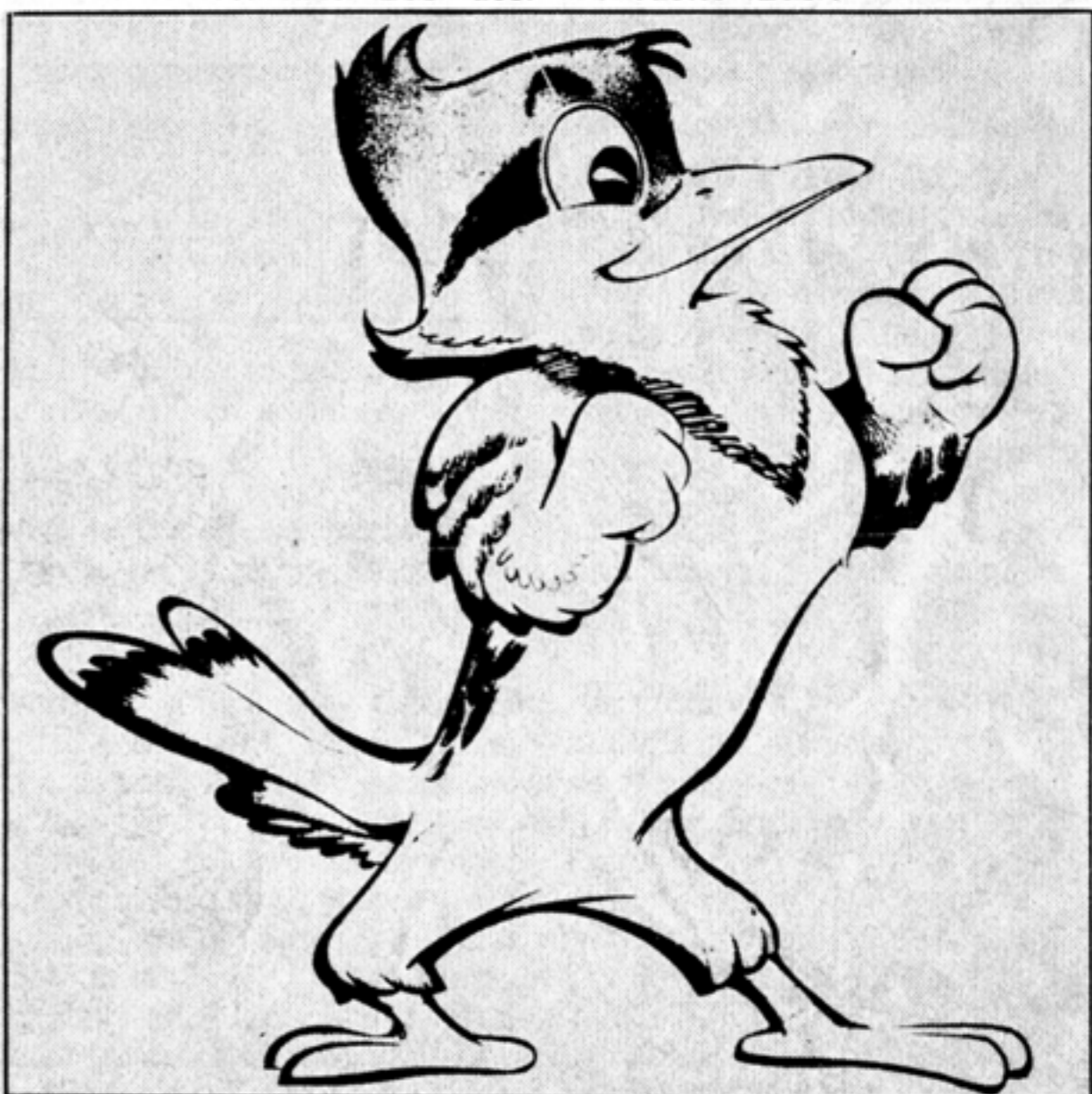
145 Chris Evans (J) dec. Jeff Geary (DLS).

155 David Gaffney (J) dec. Joe Bodenheimer (HC).

167 Greg Roberts (J) pinned Nick Saltaformaggio (HC).

185 Roy DeRoche (HC) pinned Bobby Dale (Rum.)

Hwt Mike Delesdernier (HC) won by default over Mark Benedetto (BM).



Cross to host tourney

Holy Cross High School will be the site of the Louisiana Open Wrestling Tournament to be held Saturday, April 30, according to Coach Ed Kavanaugh, tournament director.

Weight classes are as follows: 110, 118, 126, 134, 142, 150, 158, 167, 177, 190, and Hwt. Contestants must have a 1977 USWF membership card. An entry fee of \$2 per wrestler will be charged and weigh-in will be from 8 a.m.-9

a.m. Saturday, April 30 at Holy Cross. Wrestling will begin at 11 a.m.

NCAA rules will be followed for the tournament and medals will be given for first, second, and third place finishers.

The above date is tentative according to Kavanaugh, and further information will be sent to each school when confirmation has been made.

Jaycees

(Continued from Page 13)

107 -- Gary Navo (CHS) dec. Mark Hill (Prescott) 5-1.

115 -- Tony Schultz (S. East) dec. Dewey Profit (Baker) 14-1.

123 -- Scott Deumite (CHS) pinned Dwight LeMoine (S. East).

130 -- Todd Newman (Sher.) pinned Richard Williams (BR).

137 -- Mark Galasso (Kenil) dec. Tom Bouvier (Bdrm) 6-0.

145 -- Richard Larkin (Bdrm) pinned Larry Barbier (Prescott).

155 -- John Schexnaider (CHS) pinned James Askins (Prescott).

165 -- Jimmy Sandifer (Kenil) pinned Chuck Taylor (Prescott).

Hwt. -- Rick Cantu (Prescott) dec. L. T. Cooper (Sherwood).

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Jesuit tops N.O. field

In the city of New Orleans Westling Tournament, the Jesuit Blue Jays took first place, scoring 138 team points and having three first place finishers out of six finalists.

Brother Martin was close behind in second place, however, with 130 team points, and East Jefferson took third place with 115 team points.

132 lb. John Tranchina of West Jefferson defeated Joe Cunningham of Brother Martin 8-3.

138 lb. - In a close match, Jim Ravannack of East Jefferson defeated Fred Kitziger of Jesuit 6-5.

The results of the finals were as follows:

98 lb. - Mitch Michelli of Brother Martin upset Craig Seals of East Jefferson 3-0.

145 lb. - Barry Bordonaro of Rummel won 8-5 over David Dean of Jesuit.

105 lb. - John Hart of West Jefferson pinned Troy Cross of Brother Martin in 3:40.

155 lb. - David Gaffney of Jesuit whipped Joe Bodenheimer of Holy Cross 12-4.

112 lb. - Phil Prescott of Jesuit pinned Keith Varmall of East Jefferson in 5:22.

167 lb. - In the highlight match of the finals, Kerry Kennedy of West Jefferson defeated Greg Roberts of Jesuit 19-11.

119 lb. - Greg Rodriguez of Brother Martin beat David Albrecht of East Jefferson 8-4.

185 lb. - Roy DeRoche of Holy Cross pinned Bobby Dale of Rummel in 0:50.

126 lb. - Mike Graham of Jesuit won 3-0 over Hammy Andressen of Rummel.

HWT - Mike Delesdernier of Holy Cross defeated Tim Falcon of West Jefferson 4-1.



Western Regional winners.

Winners of the 1977 Louisiana Western Regional Individual Championship held at Lafayette High School, are front row, left to right: David Gomez, (Laf.); Lawrence Brandin (Woss); Allan Osbon (Woss); John Sims, (Woss); and Sam Bailey (Woss). Second Row left to right: Danny Shay (S.C.); Mark Theriot, (S.C.); Mike Arnold (Northside); Michael Channette (Jean); Alfred Jones, (Jean); and Dale Thomas, (Northside). Terry Lopes, champion at 132 is not pictured.

Olympic gold entertains Baton Rouge

His one-time goal was to wrestle in the Wisconsin state tournament, but he never qualified.

Another goal of John Peterson, Olympic gold medal winner in wrestling at the Montreal Olympics, is to witness for Christ as wrestling coach of the Athletes in Action team--and he is qualified this time.

AIA, a group affiliated with Campus Crusade for Christ, was in the Baton Rouge area the week of March 5-19, where they staged assembly shows for area junior and senior high schools, a clinic for coaches throughout the state held at Catholic High, and a free clinic.

Also, the AIA team met the LSU grapplers in an exhibition of wrestling for the public to enjoy.

Peterson feels his record gives him some solid credentials in dealing with the problems of introducing Christ to today's young people. Peterson's team includes Mike Whitefield, Dave Mulnix, Dave Redd, Gary Taylor, Pat Murphy, former All American Dana Sorenson, Dan Moskowitz, Bill Gifford, All American Reid Lamphere, Tom Keeley, and heavyweight Carl Dambman.



JOHN PETERSON

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Do not rest on both knees when facing opponent on the mat. Use a tripod position for greater mobility. Do not forget you can do many, many things from this position that you can do standing.

Do not overdrive on a pin position. Too easy to be rolled over.

Do not allow your head too close to your knee. A cradle may result.



The Baker Basher

Three-time regional champ Kenny Duplessis of Baker is holding the arm of Lee's Anthony Young in his attempt to finish off a hip throw during a Jan. 12 dual meet at Lee. Duplessis got his takedown plus the match 11-3, but Lee defeated Baker 37-18 in the dual meet.

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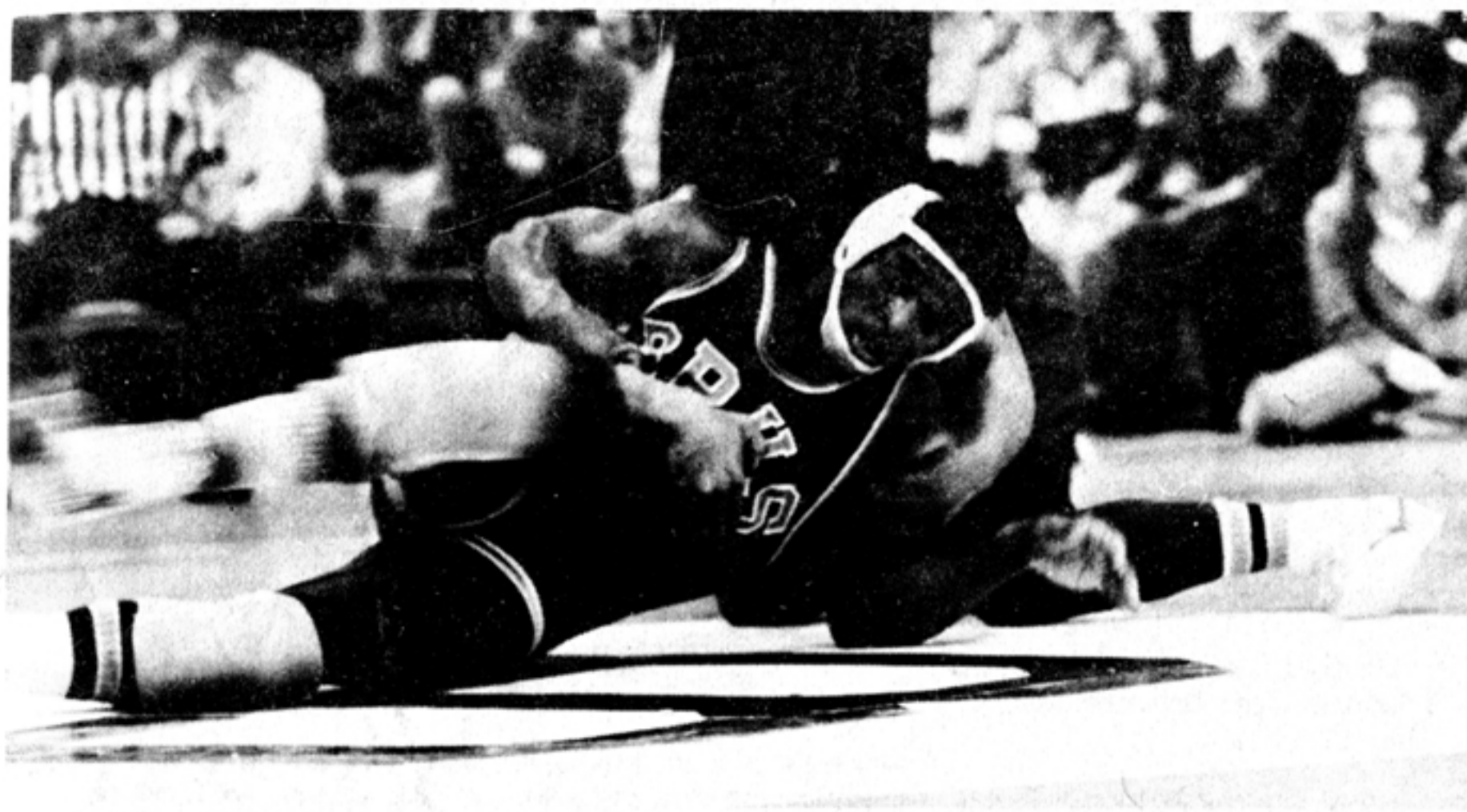
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Bulldog action

Jonathan Holder of the Baton Rouge Magnet School Bulldogs sits out in the finals of the Division II 167 pound finals against Mike Channette of

Jeanerette. Holder was the eventual winner 6-2 and no one could be prouder than his father-coach Robert Holder.

With time running out in very close bout with you ahead do not run away. Move in to a tight hood-up and keep opponent off balance.

Do not have legs close to opponent when using bar and chancery.

Do not go over the back when you can finish switch over the hook

Do not wrestle so you fall into your opponents favoret moves.

Do not continue trying to switch when opponent has blocked the move by tying up your instep or ankle firmly. Give up and start again.

Do not stand up against opponent who is far superior on his feet unless your defensive move on your feet are very strong.

Do not "bull" with an opponent who is much stronger than you are.

Against a much heavier opponent do not go under him if he has a good sprawl instead work ou to either side of him.



'Coach Sam'

Coach Sam Harnsongkram is all smiles as he holds the Division I state championship trophy presented to his Jesuit Blue Jays of New Orleans. The Jays won their second consecutive state title with a total of 210 points. "Coach Sam" has now guided his teams to five state championships in the past eight years.

Louisiana

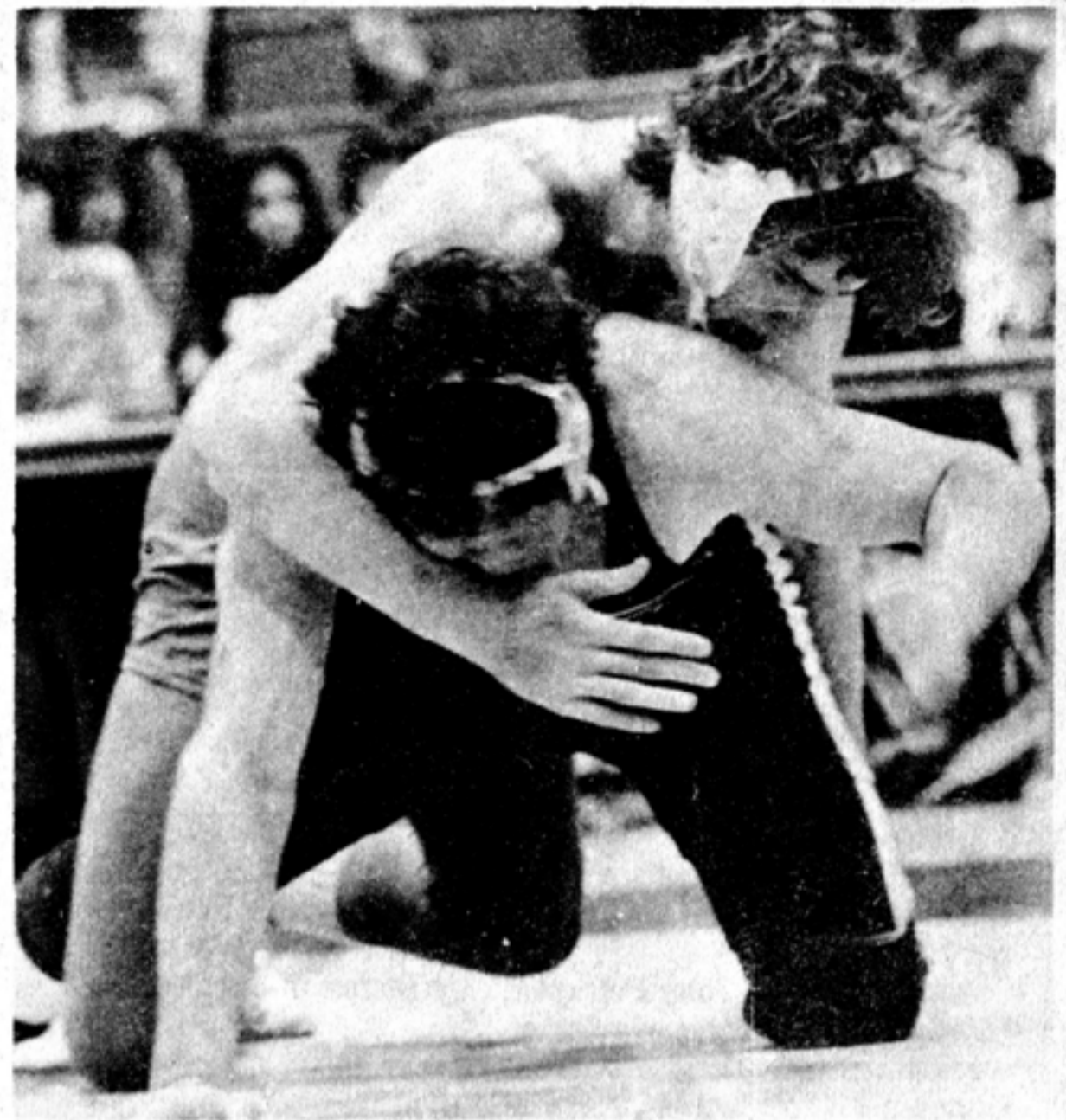
Wrestling

Roundup

Photography

By

Cris Rojas



Crossface

Rummel's Bobby Dale is in the up position to start the second period of the 185 pound finals in the state match against Roy DeRoche of Holy Cross. DeRoche reversed Dale and gained a third period fall to win his first state title.



Ridin' high

David Von Bodungen of Holy Cross is going for the far ankle in his dual meet match against Catholic's Steve Rome. Von Bodungen won the match 13-6, but the Bears of Catholic took the dual.

Division I state champion place winners

	FIRST	SECOND	THIRD	FOURTH	FIFTH	SIXTH
98	Craig Seals E. Jeff.	Mitch Michelli Br. Martin	Rene Perin DLS	Daren D'Armond Lee	Steve Nunenmacher Jes	Charles LeBlanc Rummel
105	John Hart West Jeff.	Troy Cross Br. Martin	Fritz Koger Catholic	Greg Town Lee	Marcel Pilie DLS	Clint Gainey Red.
112	Keith Varmall E. Jeff.	Tom Messonnier Br. Martin	Phil Prescott Jesuit	John Vicknair Catholic	John Nette Bonnabel	Daryl Pea Baker
119	John Caballero DLS	Kenny Duplessis Baker	David Albrecht E. Jeff.	Greg Rodriguez Br. Martin	J. Sims Wossman	Tim Bordenave Jesuit
126	Mitch Jackson Baker	Mike Germanis DLS	Mark Scariano Br. Martin	Mike Graham Jesuit	Randy Townsend W. Jeff.	Bill Bomboy Holy Cross
132	Robert Schutte Jesuit	Doug Comeaux Catholic	John Tranchina W. Jeff.	Bill Hagan Baker	Gordon Stewart DLS	Joe Cunningham Br. Martin
138	Fred Kitziger Jesuit	Jim Ravannack E. Jeff.	Elliot Brown Bonnabel	Jay Lavera Red.	Richie Keiffer DLS	Eric Hamilton Lee
145	Barry Bordonaro Rummel	Bart Gutierrez Lee	David Dean Jesuit	Dale Woodward Baker	Jay Cozic E. Jeff.	Greg Schindler Br. Martin
155	David Gaffney Jesuit	Ken O'Banion Red.	Joe Calloway Baker	M. Butler Parkway	Dan Miller Lee	L. Mercier Rummel
167	Greg Roberts Jesuit	Kerry Kennedy W. Jeff.	Tommy Alas Bonnabel	David DeBarros Lee	T. Randazzo Parkway	Mike Dale Rummel
185	Roy DeRoche Holy Cross	Bobby Dale Rummel	Jim Campbell Lee	H. Robinson Wossman	Rodney Roubique Red.	Randy Duke DLS
Hwt.	Jeff Tanguis Catholic	Tom Tully Bdmoor	Curtis Templet Baker	Mike Delesdernier Holy Cross	Tim Falcon W. Jeff.	Mark Benedetto Br. Martin